### **CITY OF DURHAM PARKS AND RECREATION**





DPRPlayMore.org DPRinfo@durhamnc.gov 919-560-4355 400 CLEVELAND STREET DURHAM, NC 27701

DURHAM

1869 CITY OF MEDICINE



September-December 2016

Check out all of the upcoming special events on p. 42-43

WE SUPPORT INCLUSION -PERSONS OF ALL ABILITY LEVELS ARE WELCOME AT EVERY FACILITY AND EVERY PROGRAM.

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# Durham Parks and Recreation provides opportunities for our community to Play More!



GREETINGS
FROM DURHAM PARKS &
RECREATION'S DIRECTOR

It has been a very busy summer and fall is quickly approaching! DPR has engaged in some very exciting projects over the past few months and I'm happy to share some of them with you.

The KaBOOM Playground Build at Crest Street Park during August 2016 is an exciting project for this Durham neighborhood. BlueCross BlueShield of North Carolina (BCBSNC) is the funding partner for this project and we are working with many other great partners including, Keep Durham Beautiful, the Crest Street Community, Duke Neighborhood Partnership, Achievement Academy of Durham and many more on this special project.

DPR has received a second year of funding from the National Recreation and Parks Association (NRPA) from the Parks Connect Communities initiative. The winning project is the transformation of the Skating Rink located at Hillside Park/W.D. Hill Recreation Center to a multi-use court for futsal and skating, and beautification to this area of the park.

The Durham Parks Foundation, a 501(c)(3) non-profit since June of last year has had a very busy first year. One of the many projects that are being initiated through this organization is the Larry Stogner Trail in Sandy Creek Park. To learn more about this project and to donate, go to the Foundation's website www.durhamparksfoundation.org.

Project Evergreen, a national nonprofit, successfully completed the renovation of the softball field at Red Maple Park, utilizing local businesses, community volunteers and DPR staff members. The field is being used by the girls softball program initiated by Durham Long Ball.

We have several projects coming up in the next year including the Aquatic Master Plan, the Trails Condition Assessment for the infrastructure of the 30 plus miles of trails, a new playground at Indian Trail Park and the reinstatement of the Durham Holiday Parade in December.

Finally, we have the results from the 2015 Resident Satisfaction Survey and we've heard you loud and clear! The results showed a 20% increase of satisfaction with park maintenance over a 10 year period. We know that park and trail maintenance is a priority, and you will continue to see improvements. The ½ Penny for Parks and Trails work continues with DPR now responsible for the basic Trail Maintenance Crew, the Park Landscape Crew and continued renovation work to parks facilities.

There are so many great things happening in Durham! I hope you will take the opportunity to Play More with Durham Parks and Recreation. Thank you for your continued support.

Rhonda B. Parker, CPRP Director, Durham Parks and Recreation

# Picnic Shelter Rentals Online!

Want to rent a picnic shelter? No need to call to check availability or drive to the DPR administration office to make a reservation.

You can check availability, reserve a shelter, and pay, all on DPR Play More Online. At DPRPlayMore.org, just click *Register Online* then *Book Facilities*.





# Register for Programs Online!

Play More Online is Durham Parks and Recreation's online registration site. You can browse all programs, and register for many online. To use our online registration, you must first request an account.

To request an account, visit
DPRPlayMore.org, click on *Register Online*, and then click on *Request New Account* located in the upper right hand corner.

# About PLay MORe

Play More is a guide to creative and challenging recreational choices in Durham and is produced by the Durham Parks and Recreation (DPR) Department and published in May, August and December. If you would like an extra copy of Play More or have comments about this publication, please call us at 919-560-4355 or email DPRInfo@durhamnc.gov.

Please note: Advertising contained herein does not constitute an endorsement by the City of Durham Parks and Recreation or its staff.

### **City Holidays**

The City of Durham will observe the following holidays and most classes will not be held on that day.

Labor Day Monday, September 5 Veterans Day Friday, November 11

Thanksgiving Holiday Thursday and Friday, November 24 and 25 Christmas Holiday Friday, December 23-Monday, December 26

### **Safety, Maintenance and Accidents**

Customers and residents are encouraged to immediately report any injury or illness received as a result of participation in leisure services provided by or at City of Durham Parks and Recreation facilities, parks and trails. Residents are also encouraged to report safety concerns and maintenance needs in parks and on trails. Please call 919-560-4355, ext. 27212 to report safety concerns, maintenance needs, or accidents. If you see illegal activity in any park at any time, please contact the police by dialing 911.

### **Medication Policy**

Participants who take medication while participating in Durham Parks and Recreation programs are required to complete a Medication Information and Waiver form and return it before the program begins.

### **Personnel**

reisonner	
Assistant Director of Administrative Services	Joy Guy
Recreation Manager (Special Events, Outreach, Holton)	Rukea Womack
Senior Business Services Manager (Budget, Finance, and Marketing)	Rich Hahn
Recreation Manager (Reservations, Safety, Accreditation, and Operations)	Gina M. Morais
Assistant Director of Recreation Programs	<b>Jason Jones</b>
Recreation Manager (Edison Johnson, Campus Hills, and Aquatics)	Colleen Fear
Recreation Manager (Heritage Parks, Weaver Street, and W.D. Hill)	Jeff Forde
Recreation Manager (Outdoor Recreation, City Lakes)	Kim Oberle
Recreation Manager (Special Programs/Inclusion, Mature Adults, & Lyon Park)	Deirtra Spellman
Assistant Director of Park Planning and Education	<b>Thomas Dawson</b>
Recreation Manager (Athletics, Walltown)	Tammy Brown
Parks Superintendent	Robert Jennings

# Inclusion and Notice Under the Americans with Disabilities Act

A person with a disability may receive an auxiliary aid or service to effectively participate in city government activities by contacting the ADA Coordinator, voice 919-560-4197, fax 919-560-4196, TTY 919-560-1200, or ADA@durhamnc.gov, as soon as possible but no later than 48 hours before the event or deadline date.

Accommodations available include American Sign Language interpreter, wheelchairaccessible buses and vans. Contact:

• Deirtra: 919-560-4288, ext. 27236, Deirtra.Spellman@durhamnc.gov

Durham Parks and Recreation strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

For Spanish language accommodations, please contact the following staff:

- Agustin: 919-560-4355, ext. 27371, Agustin.Sanchez@durhamnc.gov
- Rosalie: 919-560-4355, ext. 27235, Rosalie.Bocelli-Hernandez@durhamnc.gov

### **Inclement Weather Information**

If at any point it becomes unsafe to host or continue a program due to inclement weather, DPR will postpone or cancel the event.

Please check one of the following online sites for up-todate information on Cancellations and Closures:

DPRPlayMore.org Facebook.com/DurhamParksandRecreation Twitter.com/dprplaymore

or call: 919-560-4636

Most outdoor special events will occur rain or shine. In the case of extreme cold weather, threat or warning of a tornado or hurricane, or thunder and lightning storms, the event will be cancelled. A decision to close athletic fields or cancel games and practices will be made at 4:30 p.m. during the week and 7:30 a.m. on weekends.

# Reduced Fees, Discounts, and Waivers

Please note: Only one discount may be applied to a registration or facility rental.

### Multi-Child Discount

 The multi-child discount applies to select programs for families who do not qualify for reduced fees under other discount programs and have more than one child registering for the same course.

### Senior Citizen Discount

• Senior Citizen discounts are available for Mature Adults age 55 or better. A ten percent (10%) discount is available on all recreational programs and admissions to facilities for activities sponsored by Durham Parks and Recreation. Activities with specified mature adult rates, mature adult programs, and facility, field, and equipment rentals are excluded from this discount.

### Military & Veterans Discount

 A ten percent (10%) discount is available on all recreational programs and admissions to facilities for activities sponsored by Durham Parks and Recreation.

### **Employee Discount**

Current City of Durham employees receive a 25
percent (25%) discount on all instructional classes
and recreational passes for activities sponsored
by Durham Parks and Recreation. Child Care
programs and facility, field, and equipment rentals
are excluded from this discount.

### Non-Profit Discount

• Non-profits receive a fifteen percent (15%) discount on facility, field and equipment rentals. Facilities, fields and equipment with specified non-profit rates are excluded from this discount. Please note that non-profits must provide the IRS letter documenting their 501(c)(3) status.

### Sliding Fee Scale

- The sliding fee scale may be used to reduce the amount paid for childcare programs.
- The scale ranges from 10% to 100% and is based on income, number of members per household,

- and special circumstances affecting the applicant's ability to pay.
- Applications are available at the main office, recreation centers, and on the DPR website.
- The application is used to determine the percentage (from 10%-100%) to be paid by the participant for participation in childcare programs, which includes summer camp, after school, and intersession.
- Once approved, the reduced fee is valid for one (1) year.

### Program Fee Waiver

- The fee waiver is available to anyone receiving support through the Durham County Department of Social Services (DSS) and may be used for programs, excluding childcare programs, facility, field, and equipment rentals, and others as specified in registration materials.
- Applications are available at the main office, recreation centers, and on the website.
- The outcome is valid for one (1) year from the date of approval.

### Facility, Field and Equipment Fee Waiver

- The applicant is responsible for completing the reservation process prior to submitting the application for Facility, Field or Equipment Fee Waivers.
- Any persons requesting a fee waiver must submit a completed Facility, Field and Equipment Fee Waiver application to the department
- The applicant must reapply for each rental.
- The applicant must pay the security deposit by the date due and pay all other fees not waived by the Recreation Advisory Commission by the established deadline.

# **Play More Card**





Parks, Durhan

If found, please return to 400 Cleveland St., Durham, NC 27701

Durham Parks and Recreation offers an exciting benefits program for our program participants! Participants may purchase a "DPR Play More Card" which will give them a discounted rate on all programs, in addition to other benefits listed below. The cards are renewable annually.

Each program price listing has four prices: two prices for City Residents (with and without a Play More Card), and two prices for Non-City Residents (with and without a Play More Card). Play More cards can be purchased at any recreation center or the DPR Administrative Office. Questions? Call 919-560-4355 or e-mail DPRInfo@durhamnc.gov.

### **Play More Card Benefits**

- Participants receive an average 10% or greater discounted fee rate for all recreation programs (excludes rental facilities, athletic league – group rates, adventure challenge course rates, special event fees).
- Participants may purchase volume-discounted punch/ monthly passes for the following programs:
  - Aerobic Classes
  - Open Gym (Adults)
  - Fitness Training
  - Racquetball/Wallyball/Pickleball
  - Court extended use passes
  - Lap and Recreation Swim
  - Water Exercise Classes
  - Wellness Packages
- Early registration for a few designated DPR programs.
- The Play More Card can be used as photo identification for quick entry into DPR facilities.

DURHAM PARKS AND RECREATION

### **Play More Card Fee Structure**

**Individual**: \$20 Residents; \$25 Non-Residents Benefits apply to one (1) adult plus all youth under the age of 13 residing in the same house

2 Party: \$35 Residents; \$50 Non-Residents Benefits apply to two (2) adults plus all youth under the age of 13 residing in the same house

**Teen**: \$10 Residents; \$15 Non-Residents Benefits apply to individual teen (ages 13 – 17)

Participants may choose to purchase this card in order to receive the associated benefits; however, a Play More Card is not required to participate in DPR programs.

### Pass Sales

**PLAY MORE** 

Volume-discounted multi-visit passes are available for select activities. Patrons must have a Play More Card in order to purchase these passes. Except for monthly passes, all passes expire one year from date of purchase. Please see the Pass Sale chart for available passes.

Daily Activity Pass: includes indoor pool general admission, adult/mature adult open gym, exercise equipment, and land fitness programs. (Note: some items may be age restricted.) Please keep in mind this is for ONE DAY access only - frequent users of our drop-in programs are encouraged to purchase our monthly Wellness Pass and/or other discounted punch passes offered for those with a Play More Card.

Please note: Play More Cards and volume-discounted multi-visit passes are non-refundable.

# Monthly Wellness/Open Gym Packages

Wellness includes unlimited land fitness and mind/body classes, open gym programs, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility.

Wellness + Open Swim Package includes everything in the Monthly Wellness/Open Gym Package PLUS recreational and lap swim in the indoor aquatic centers.

### **Pass Sale Chart**

Age	City Resident, Play More Card	City Resident, No Play More Card	Non-City Resident, Play More Card	Non-City Resident, No Play More Card		
Youth, Teen, and Seniors	\$2.70	\$3	\$7.20	\$8		
Adult	\$3.60	\$4	\$8.10	\$9		
Family	\$8.10	\$9	\$12.60	\$14		

Activity	City Resident, Play More Card	Non-City Resident, Play More Card
Pickleball: 10 Visits	\$27	\$42
Pickleball: 25 Visits	\$64	\$79
Pickleball: 50 Visits	\$120	\$135
Pickleball - Youth/Teen/Senior: 10 Visits	\$18	\$23
Pickleball - Youth/Teen/Senior: 25 Visits	\$43	\$58
Pickleball - Youth/Teen/Senior: 50 Visits	\$80	\$95
Racquetball/Handball Courts: 10 Visits	\$72	\$87
Racquetball/Handball Courts: 25 Visits	\$170	\$195
Racquetball/Handball Courts: 50 Visits	\$320	\$350
*Wellness/Open Gym Package – Individual – Per Month (Additional discounts do not apply to this rate)	\$20	\$25
**Wellness + Open Swim - Individual - Per Month (Additional discounts do not apply to this rate)	\$40	\$55
Corporation Play Pass: 50 Passes	\$250	\$275

\*Monthly Wellness/Open Gym Package includes unlimited land fitness and mind/body classes, open gym programs, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility.

\*\*Wellness + Open Swim Package includes everything in the Monthly Wellness/Open Gym Package PLUS recreational and lap swim in the indoor aquatic centers.

Aquatic Passes		
Recreational/Lap Swim: 10 Visits	\$27	\$42
Recreational/Lap Swim: 25 Visits	\$64	\$79
Recreational/Lap Swim: 50 Visits	\$120	\$135
Recreational/Lap Swim – Youth/Teen/Senior: 10 Visits	\$18	\$23
Recreational/Lap Swim – Youth/Teen/Senior: 25 Visits	\$43	\$58
Recreational/Lap Swim - Youth/Teen/Senior: 50 Visits	\$80	\$95
Recreational/Lap Swim – All Ages – Per Month (Expires one month from date of purchase, i.e. Feb. 15-Mar. 14) (Additional discounts do not apply to this rate)	\$30	\$45
Water Exercise Class: 10 Visits	\$36	\$51
Water Exercise Class: 25 Visits	\$85	\$100
Water Exercise Class: 50 Visits	\$160	\$185

# **DURHAM CITY PARKS**

### **Durham County Regional Map**



North

**East** 

Southeast

Southwest

West Central

NAME	ADDRESS	ZIP	REGION	ACRES	PLAY.	SHELZ
American Village Park	4703 American Dr.	27705	West Central	4.2	•	•
Bay-Hargrove Park	208 Hargrove St.	27701	West Central	0.59	•	
Belmont Park	2207 Sovereign St.	27705	West Central	0.49		
Bethesda Park	1814 Stage Rd.	27703	Southeast	20.45	•	
Birchwood Park	3105 Hursey St.	27703	Southwest	4.9		
Burch Avenue Park	816 Burch Ave.	27712	West Central	0.57	•	
Burton Park	1100 Sima Ave.	27701	Southeast	10.34	•	•
C. M. Herndon Park C. R. Wood Park	511 Scott King Rd. 417 Commonwealth Ave.	27713 27703	Southeast Southeast	25.18 17.4	•	•
Campus Hills Park**	2000 S. Alston Ave.	27707	Southeast	28.6	•	
Carroll Street Park	815 Carroll St.	27701	Southwest	0.79		
Cook Road Park	602 Cook Rd.	27707	Southwest	8.11	•	•
Cornwallis Road Park	2830 Wade Rd.	27705	West Central	19.97	•	
Crest Street Park	2503 Crest St.	27705	West Central	6.83	•	•
Drew / Granby Park	1100 Drew St.	27701	East	0.44	•	
Duke Park	106 W. Knox St.	27701	West Central	17.24	•	•
Durham Central Park	502 Foster St.	27701	Downtown	5.2	•	
East Durham Park	2500 E. Main St.	27703	East	9.01	•	•
East End Park	1200 N. Alston Ave.	27701	East	9.46	•	•
Edgemont Park	205 S. Elm St.	27701 27707	East	0.77	•	•
Elmira Avenue Park Forest Hills Park	540 Elmira Ave. 1639 University Dr.	27707	Southeast Southwest	11.86 45.86	÷	$\vdash$
Garrett Road Park	6815 Garrett Rd.	27707	Southwest	7.64	•	
Glendale Heights Park	707 W. Murray Ave.	27704	North	21.2		
Grant Park (north)	918 Grant St.	27701	Southeast	1.52	•	
Grant Park (south)	1200 Grant St.	27701	Southeast	0.55		
Hillside Park	1301 S. Roxboro St.	27707	Southwest	13.82	•	•
Holt School Road Park	4102 Holt School Rd.	27704	North	4.69	•	•
Indian Trail Park	1701 Albany St.	27705	West Central	8.5	•	
Lake Michie Recreation Area	2701 Bahama Rd.	27503	North	124.66		
Holly Grove Area	163 Archery Range Rd.	27503		44.39		
Lake Boathouse	2802 Bahama Rd.	27503		3.77		
Spruce Pine Lodge	2235 Bahama Rd.	27503		67.49	•	•
Wilkins Road Park	9301 Wilkins Rd.	27503		9		•
Lakeview Park	3500 Dearborn Dr.	27704 27514	Courthurset	5.87	•	•
Leigh Farm Park Little River Fishing Facility	370 Leigh Farm Rd. 1500 Orange Factory Rd.	27712	Southwest North	96.1 9.2		
Long Meadow Park	917 Liberty St.	27701	East	15.58	•	•
Lyon Park	1200 W. Lakewood Ave.	27707	Southwest	12.23	•	•
Maplewood Park	1530 Chapel Hill Rd.	27701	West Central	0.545	•	
Morreene Road Park	1102 Morreene Rd.	27705	West Central	11.96	•	•
Northgate Park	300 W. Club Blvd.	27704	North	30.35	•	•
Oakwood Park	411 Holloway St.	27701	East	1.2	•	
Old Chapel Hill Road Park	3751 SW Durham Dr.	27707	Southwest	23.7	•	
Old Farm Road Park	7 Hedgerow PI.	27704	North	13.39	•	•
Old North Durham Park	310 W. Geer St.	27701	West Central	3.58	•	
Orchard Park	1000 S. Duke St.	27701	Southwest	7.39	•	•
Oval Drive Park	2200 W. Club Blvd.	27704	West Central	3.44	•	•
Piney Wood Park	400 E. Woodcroft Pkwy. 3320 Hinson Dr.	27713 27704	Southeast North	39.47 11.13	•	•
Red Maple Park River Forest Park	1000 Windermere Dr.	27712	North	67.65	•	
Rock Quarry Park	701 Stadium Dr.	27704	North	46.1	•	_
Rockwood Park	2310 Whitley Dr.	27707	Southwest	12.23	•	•
Rocky Creek Park	1014 N. Elizabeth St.	27701	East	1.37	•	
Sandy Creek Park	3510 Sandy Creek Rd.	27707	West Central	101.74		•
Shady Oaks Park	2400 Nebo St.	27707	Southeast	1.4	•	
Sherwood Park	1720 Cheek Rd.	27703	East	15.1	•	•
Snow Hill Road Park	619 Snow Hill Rd.	27712	North	35		
Solite Park	4704 Fayetteville Rd.	27713	Southwest	11.35	•	•
Southern Boundaries Park	100 Third Fork Dr.	27707	Southwest	29.7		
Trinity Park	410 Watts St.	27701	West Central	0.69	•	•
Twin Lakes Park	439 Chandler Rd.	27703	East	49.8	•	•
Unity Village Park	2011 Matilene St.	27707	Southeast	3.7	•	•
Valley Springs Park Walltown Park**	3805 Valley Springs Rd. 1308 W. Club Blvd.	27712 27705	North West Central	50.36 6.69	•	•
Weaver Street Park	3000 E. Weaver St.	27707	Southwest	7.5	•	
West Point On The Eno	5101 N. Roxboro Rd.	27712	North	381.8		•
Westover Park	1900 Maryland Ave.	27705	West Central	1.8	•	
Whippoorwill Park	1632 Rowemont Dr.	27705	North	25.27	•	•
White Oak Park	2504 Dallas St.	27707	Southwest	1.2	•	
Wrightwood Park	1301 Anderson St.	27707	West Central	12.85	•	•
**Reservations for shelters at these loc	cations are made by contacting the	ne recreatio	n center.			
Note: A white box indicates that the co				e.		

Durham has great places to play! The City's parks serve as sites for many of DPR's athletic leagues, activities and concerts! More than 65 parks are available for public use with more planned for future development.

For a full list of park amenities, please visit our website at DPRPlayMore.org

Picnic Shelter permits can be reserved online by visiting our website at DPRPlayMore.org. Select Register Online and Book Facilities. Check out page 46 for more details on picnic shelter and park rentals.





# FACILITIES

Please note: All operational hours and program fees are subject to change. Please call each center directly for updated information. Facilities may be open at additional times for specially scheduled DPR Programs.

### **RECREATION CENTERS**

# COMMUNITY FAMILY LIFE & RECREATION CENTER AT LYON PARK

1309 Halley Street Phone: 919-560-4288 Hours: Monday-Thursday 9 a.m.-8:30 p.m. Friday 9 a.m.-10 p.m. Saturday hours vary Sunday closed



### **EAST DURHAM**

2615 Harvard Avenue Phone: 919-560-4278 SUMMER CAMP LOCATION ONLY



### EDISON JOHNSON RECREATION CENTER

500 West Murray Avenue Phone: 919-560-4270 Hours: Monday-Thursday 8:30 a.m.-9 p.m. Friday 8:30 a.m.-8 p.m. Saturday 8:30 a.m.-6 p.m. Sunday 1 p.m.-6 p.m.



# IRWIN R. HOLMES, SR. RECREATION CENTER AT CAMPUS HILLS

2000 South Alston Avenue Phone: 919-560-4444 Hours: Monday-Thursday 6 a.m.-9 p.m. Friday 6 a.m.-8 p.m. Saturday 8 a.m.-6 p.m. Sunday 1 p.m.-6 p.m.



### HOLTON CAREER AND RESOURCE CENTER

401 N. Driver Street Phone: 919-354-2750 Hours: Monday-Thursday 8:30 a.m.-9 p.m. Friday 8:30 a.m.-10 p.m. Saturday 8:30 a.m.-6 p.m. Sunday 1 p.m.-6 p.m.



### W.D. HILL RECREATION CENTER

1308 Fayetteville Street Phone: 919-560-4292 Hours: Monday-Thursday 8:30 a.m.-9 p.m. Friday 8:30 a.m.-10 p.m. Saturday 8:30 a.m.-6 p.m. Sunday closed



### RECREATION CENTERS (continued)

### W.I. PATTERSON

2614 Crest Street Phone: 919-560-4560 SUMMER CAMP LOCATION ONLY



### WALLTOWN PARK RECREATION CENTER

1308 W. Club Blvd. Phone: 919-560-4296 Hours: Monday-Thursday 8:30 a.m.-9 p.m. Friday 8:30 a.m.-10 p.m. Saturday 8:30 a.m.-6 p.m. Sunday 1 p.m.-6 p.m.



### WEAVER STREET TEEN RECREATION CENTER

3000 E. Weaver Street Phone: 919-560-4294 Hours: Monday-Thursday 1 p.m.-9 p.m. Friday 1 p.m.-10 p.m. Saturday 1 p.m.-6 p.m. Sunday closed except for church rentals.



### **AQUATIC CENTERS**

### **CAMPUS HILLS POOL**

2000 South Alston Avenue Phone: 919-560-4444 Hours: Monday-Thursday 6 a.m.-8 p.m. Friday 6 a.m.-7:30 p.m. Saturday 8 a.m.-5 p.m. Sunday 1 p.m.-5 p.m.



### EDISON JOHNSON AOUATIC CENTER

500 W. Murray Avenue Phone: 919-560-4265 Hours: Monday-Thursday 6 a.m.-8 p.m. Friday 6 a.m.-7:30 p.m. Saturday 9:30 a.m.-5 p.m. Sunday 1 p.m.-5 p.m.



### OTHER FACILITIES

### **ADMINISTRATION OFFICE**

400 Cleveland Street Phone: 919-560-4355 Hours: Monday-Friday 8 a.m.-5 p.m.



### OTHER FACILITIES (continued)

### **OPERATIONS CENTER**

301 Archdale Drive Phone: 919-560-1701



### **MORREENE ROAD**

1100 Morreene Road Phone: 919-560-4405



### **WEST POINT ON THE ENO**

5101 N. Roxboro Road Phone: 919-471-1623



### **OUTDOOR POOLS**

Outdoor pools are open seasonally from June-August.

### LONG MEADOW POOL

917 Liberty Street



### **HILLSIDE POOL**

1221 Sawyer Street



### **FOREST HILLS POOL**

1639 University Drive



### Please see the back page for information on renting the following facilities:

### **ARMORY**

212 Foster Street, 919-560-4355

### **CCB PLAZA**

201 Corcoran Street, 919-560-4355

### FOREST HILLS NEIGHBORHOOD CLUBHOUSE

1639 University Drive, 919-560-4355

### **SPRUCE PINE LODGE**

2235 Bahama Road, Bahama, NC 27503, 919-560-4355

### ADOPT-A-PARK AND ADOPT-A-TRAIL PROGRAMS

### A Great Way to Give Back - Adopt a Park or Trail!

Volunteers from all over the community support Durham's parks and trails through the Adopt-A-Park and Adopt-A-Trail (APAT) programs. This program is a great opportunity for you or your organization to make a positive difference in your community.

Since 2003, community groups have supported their community by adopting parks and trail segments in Durham. DPR manages nearly 1,800 acres of parkland in more than 68 parks and more than 30 miles of greenways, and we're still growing. The assistance we receive from adopting agencies is invaluable as we make every effort to care for our natural resources.

The City of Durham's Parks and Recreation and General Services Departments provide routine park maintenance and repairs; however, the adopting individuals and organizations give the park or trail the extra care and attention it needs. Adopters work on a variety of projects of their choosing. They have assisted with numerous cleanup, landscaping, and facility improvement projects.

Any individual or organization interested in bettering our parks and trails can adopt. For additional information on the Adopt-A-Park and Adopt-A Trail programs, please visit our website DPRPlayMore.org. You may also contact Mal Atkinson, at 919-560-4355 or dprvolunteers@durhamnc.gov.



# Park Spotlight

### Hillside Park

1301 S. Roxboro Street Durham, NC 27704

Hillside Park is a major feature and greenspace of South East Durham. This park is bordered by the vibrant Fayetteville Street near North Carolina Central University and South Roxboro Street. The Park is next to a major revitalization of an old school known as the Whitted School, which will bring more activity to the park. This oak lined park hosts a pool, a community center, trails, an amphitheater, baseball field and basketball and tennis courts. It's also a popular destination for family reunions. Hillside Park is home to W.D. Hill Recreation Center which is a popular hangout space for members of the entire community.

In addition to summertime sports. Hillside park is also very active with a construction project set to be completed by August 31. The goal: renewal of a disco era roller rink into a new futsal court. Futsal is a modified form of soccer played with five players per side on a smaller field. The game was developed for urban areas without access to full-size soccer fields. DPR staff is working alongside futsal players from Durham Atlético and members of the community to complete this project. DPR recently won a North Carolina Recreation Park Association (NCRPA) grant for the project which will feature an improved shelter, a community gardening opportunity, bleachers and a renewed court remade for futsal. Never fear, roller disco will still be possible on the court, but futsal will bring more activity behind the center. The futsal court will overlook a tennis court where the legendary Arthur Ashe once played. The new court at Hillside Park is sure to host some future legends of futsal.





DURHAM PARKS AND RECREATION

# PARK UPDATES

Funded by the Durham City Council, the staff of Durham Parks and Recreation and the General Services Department have responded to the public's request to better maintain City parks and trails. Money from the new ½ Penny Tax for park and trail deferred maintenance, as well as money from the capital project planning, have gone into repairs.



Guard rails were installed at Red Maple Park, located at 3320 Hinson Drive.

Red Maple Park amenities include basketball courts, newly renovated softball fields, a picnic shelter, picnic tables, grills, water fountain, and a new playground.





### AFTER SCHOOL AND CARE PROGRAMS

EDISON JOHNSON RECREATION CENTER Age: 5-12 #23444 Aug 15-Sep 13 M-F 2:30

#23444	Aug 15-Sep 13	M-F	2:30pm-6pm
#23445	Sep 14-Nov 1	M-F	2:30pm-6pm
#23446	Nov 2-Dec 6	M-F	2:30pm-6pm
#23465	Dec 7-Jan 25	M-F	2:30pm-6pm
TT T T T T	, D		

### W.D. HILL RECREATION CENTER

**Year Round After School** 

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age.	J-1	_

Age. 3-1	<u>Z</u>		
#23391	Aug 15-Sep 13	M-F	2:30pm-6pm
#23392	Sep 14-Nov 1	M-F	2:30pm-6pm
#23393	Nov 2-Dec 6	M-F	2:30pm-6pm
#23470	Dec 7-Jan 25	M-F	2:30pm-6pm

### **AFTER SCHOOL PROGRAMS**

Looking for a safe, fun and educational after school environment? Join DPR's after school program for homework, arts and crafts, health and fitness activities and other enrichment programs. Prices listed are for each 20-day cycle.

CR PC \$118.75; CR NPC \$132 NCR PC \$141.25; NCR NPC \$157

### **Traditional After School**

CFLRC AT LYON PARK

Age: 13-	-21		
#23410	Aug 29-Sep 26	M-F	2:30pm-6pm
#23411	Sep 27-Oct 24	M-F	2:30pm-6pm
#23412	Oct 25-Nov 29	M-F	2:30pm-6pm
#23413	Nov 30-Jan 5	M-F	2:30pm-6pm

### I.R. Holmes, Sr. Recreation Center

Age: 5-1	2		
#23454	Aug 29-Sep 26	M-F	2:30pm-6pm
#23455	Sep 27-Oct 24	M-F	2:30pm-6pm
#23456	Oct 25-Nov 29	M-F	2:30pm-6pm
#23457	Nov 30-Jan 5	M-F	2:30pm-6pm

### Edison Johnson Recreation Center

Age: 5-1	2		
#23437	Aug 29-Sep 26	M-F	2:30pm-6pm
#23438	Sep 27-Oct 24	M-F	2:30pm-6pm
#23439	Oct 25-Nov 29	M-F	2:30pm-6pm
11/D II	ъ .		

### W.D. HILL RECREATION CENTER

Age: 5-1	2		
#23396	Aug 29-Sep 26	M-F	2:30pm-6pm
#23397	Sep 27-Oct 24	M-F	2:30pm-6pm
#23398	Oct 25-Nov 29	M-F	2:30pm-6pm
#23399	Nov 30-Jan 5	M-F	2:30pm-6pm

### HOLTON CAREER AND RESOURCE CENTER

Age: 6-1	2		
#23425	Aug 29-Sep 26	M-F	2:30pm-6pm
#23426	Sep 27-Oct 24	M-F	2:30pm-6pm
#23427	Oct 25-Nov 29	M-F	2:30pm-6pm
#23428	Nov 30-Jan 5	M-F	2.30nm-6nm

### **CAMPS**

### **Fun Day**

Looking for a place for your child to go when school is out? Kids can enjoy a fun-filled day of activities including sports, games, dance, arts and crafts, and much more. Rates are per day.

CR PC \$23.50; CR NPC \$26 NCR PC \$37; NCR NPC \$41 CFLRC AT LYON PARK

Age: 5-12

#23526 Oct 31 M 7:30am-6pm

### HOLTON CAREER AND RESOURCE CENTER

Age: 6-12

1150.0 1	_		
#23521	Nov 8	Tu	7:30am-6pm
#23523	Nov 23	W	7:30am-6pm

### Intersession Camp

Does your year-round school child need a place to go during intersession or break? In this program, kids enjoy structured activities that include sports, games, swimming, dance, arts and crafts, and much more. Rates are per week.

Age: 5-12

CR PC \$118.75; CR NPC \$132 NCR PC \$141.25; NCR NPC \$157

### I.R. HOLMES, SR. RECREATION CENTER

#23493	Sep 19-Sep 23	M-F	7:30am-6pm
#23494	Sep 26-Sep 30	M-F	7:30am-6pm
#23495	Oct 3-Oct 7	M-F	7:30am-6pm

**EDISON JOHNSON RECREATION CENTER** 

EDISON FORMSON RECREMENTON CENTER				
#23496	Dec 19-Dec 22	M-Th	7:30am-6pm	
#23497	Dec 27-Dec 30	Tu-F	7:30am-6pm	



DPR strives to make our programs, services and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

# Tell us how we're doing!

Visit to our website DPRPlayMore.org to complete an online evaluation.

Click on Evaluate Durham Parks and Recreation.



### **Sliding Fee Scale**

A sliding fee scale may be used to reduce the amount paid for childcare programs including summer camps, after school programs and intersession. The scale ranges from 10-100% and is based on income, number of members per household, and special circumstances affecting the applicant's ability to pay. Applications are available online, at the administrative office or any recreation center. If approved, the reduced fee is valid for one year.

**PLAY MORE DURHAM PARKS AND RECREATION** 



### **AQUATICS**

Durham Parks and Recreation operates two indoor eight-lane pools which offer a number of water programs including exercise/fitness, swim lessons, swim teams, lap swim, and family swim. Both pools have aquatic lifts to assist patrons who may not have the ability to access the pool via vertical ladders or stair systems. Edison Johnson also has a ramp entrance and water chair. DPR also maintains three outdoor seasonal pools for individuals and families to enjoy unstructured water activities. Please follow posted rules at each facility.

### **INDOOR POOLS** Lap Swim

During lap swim times, patrons may use the facility's lane space for lap swimming. Aquatic devices such as kickboards and pull buoys are available to use. The number of lap lanes available will be based on the current program schedule. Multivisit passes are available for purchase with a Play More Card.

Age: All Ages Youth, Teen, Senior

CR PC \$2.70; CR NPC \$3; NCR PC \$7.20; NCR NPC \$8 Adult 18-54

CR PC \$3.60; CR NPC \$4; NCR PC \$8.10; NCR NPC \$9

CR PC \$8.10; CR NPC \$9; NCR PC \$12.60; NCR NPC \$14

**EDISON JOHNSON AQUATIC CENTER** Sep 1-Dec 31 M-Th 6am-8pm 6am-7:30pm Sa 9:30am-5pm Sun 1pm-5pm

I.R. HOLMES, SR. RECREATION CENTER

Sep 1-Dec 31 M-Th 6am-8pm 6am-7:30pm Sa 8am-5pm Sun 1pm-5pm



### **Recreational Swim**

Recreational swim is a time to enjoy unstructured water activities with friends and family. Children 3 and under are free. Times vary depending on scheduled activities. Multi-visit passes are available for purchase with a Play More Card.

Age: All Ages

Youth, Teen, Senior

CR PC \$2.70; CR NPC \$3; NCR PC \$7.20; NCR NPC \$8 Adult 18-54

CR PC \$3.60; CR NPC \$4; NCR PC \$8.10; NCR NPC \$9

CR PC \$8.10: CR NPC \$9: NCR PC \$12.60: NCR NPC \$14 EDISON JOHNSON AQUATIC CENTER

boil boil i i Quillic	CLITTLIC	
Sep 1-Dec 31	Tu,Th	9am-12pm
•	Sa,Sun	1pm-5pm
Sep 1-Oct 28	M-F	1pm-4pm
Oct 31-Dec 31	M-F	1pm-3pm

I.R. HOLMES, SR. RECREATION CENTER

M-F	10am-12pm
Sa,Sun	1pm-5pm
M-F	1pm-4pm
M-F	1pm-3:30pm
	Sa,Sun M-F

### Water Walking/Individual Exercise

During water walking/individual exercise times, patrons may use the facility's lane space for their personal water workouts. Aguatic devices such as life vests, water exercise belts, noodles, kickboards and pull buoys are available. The number of lap lanes available will be based on the current program schedule. Multi-visit passes are available for purchase with a Play More Card.

Age: 13 and up Teen, Senior

CR PC \$2.70: CR NPC \$3: NCR PC \$7.20: NCR NPC \$8 Adult 18-54

CR PC \$3.60; CR NPC \$4; NCR PC \$8.10; NCR NPC \$9

EDISON JOHNSON AQUATIC CENTER

, pointpoint identific	CLITTER	
Sep 1-Dec 31	M-F	6am-10am
•	Sa	10:30am-1pm
	Sa	3pm-5pm
	Sun	1pm-5pm
Sep 1-Oct 28	M,W	12pm-6pm
•	Tu, Th	10am-4pm
	M-Th	7pm-8pm
	F	12pm-7:30pm
Oct 31-Dec 30	M,W	12pm-3pm
	Tu,Th	10am-3pm
	F	12pm-3pm

I.R. HOLMES, SR. RECREATION CENTER

Sep 1-Dec 31 M-F 6am-12pm M-F 1pm-4pm Sa,Su 1pm-5pm



### SAFETY TRAININGS Water Safety Instructor Course

Upon successful completion of this course, participants will be certified to teach a variety of American Red Cross water safety programs, including all levels of the Learn-to-Swim program. Course fee includes two manuals. Participants must be at least 16 years old; must pass a swimming pre-test consisting of 25 yards front crawl, 25 yards back crawl, 25 yards breaststroke, 25 yards elementary backstroke, 25 yards sidestroke, 15 yards butterfly, back float for one minute, tread water for one minute; and they must successfully complete the Red Cross on-line session for the course (information will be emailed to participants after registration). Course registration will close 3 weeks before the first class.

Age: 16 and up CR PC \$188; CR NPC \$209 NCR PC \$210.50; NCR NPC \$234 Edison Johnson Aquatic Center

#24762 Oct 10-Oct 24 12pm-6pm M,W 5:30pm-9pm





facebook.com/ **DurhamParksandRecreation** 

twitter.com/dprplaymore instagram.com/dprplaymore

6:15pm-7pm

5:15pm-6pm

6:15pm-7pm

4:30pm-5:15pm



### **AQUATICS** continued

### SWIM LESSONS

The American Red Cross Swimming and Water Safety program is offered. The different courses seek to help participants of all ages and varying abilities develop familiarity with being in the water; learn basic skills for aquatic safety, survival, and recreational swimming; and develop an awareness of how to stay safe in, on or around the water. Each progressive level builds on, and reinforces, acquired skills and knowledge. As participants develop aquatic skills, they become safer and better swimmers. For more information about ARC Learn-to-Swim Lessons at DPR, visit DPRPlayMore.org.

### **Aqua Babies**

The purpose of this American Red Cross program is to teach safe behaviors around the water and develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in and around water.

Age: 6-18 months

CR PC \$20.75; CR NPC \$23 NCR PC \$25.25; NCR NPC \$28

Edison Johnson Aquatic Center

#24085 Sep 9-Sep 26 M 5:30pm-6pm #24086 Oct 3-Oct 24 M 5:30pm-6pm

### **Aqua Tots**

The purpose of this American Red Cross program is to teach safe behaviors around the water and develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in and around water.

Age: 19 months-3 years CR PC \$41.50; CR NPC \$46 NCR PC \$55; NCR NPC \$61

Edison Johnson Aquatic Center

#24087 Sep 6-Sep 29 Tu,Th 5:30pm-6pm #24089 Sep 10-Oct 29 Sa 9:45am-10:15am #24088 Oct 4-Oct 27 Tu,Th 5:30pm-6pm

### Preschool Swim Lessons

This American Red Cross Learn-to-Swim program aims to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. It teaches aquatic and safety skills in a logical progression through three levels. Children are grouped according to comfort level and skill proficiency. The program offers a fun, challenging, and supportive learning environment for preschoolers. Prerequisites for each level are:

Level 1: No pre-requisites; new to the pool, needing to learn water adjustment skills.

Level 2: Able to fully submerge head and swim short distances on front and back, with support.

Level 3: Able to swim at least 5 yards on front and back, unsupported.

Age: 3-5

CR PC \$41.50; CR NPC \$46 NCR PC \$55; NCR NPC \$61

### Preschool Levels 1-2

am

### Preschool Levels 1-3

EDISON JOHNSON AOUATIC CENTER #24141 Sep 10-Oct 29 10:30am-11am I.R. Holmes, Sr. Recreation Center M,W #24118 5:30pm-6pm Sep 7-Sep 28 #24135 Sep 10-Oct 29 Sa 11am-11:30am #24116 Sep 26-Oct 6 M-Th 10:15am-10:45am Oct 3-Oct 26 #24117 M,W 5:30pm-6pm

### Preschool Level 3

EDISON	JOHNSON AQUAI	IC CENTER	
#24091	Sep 6-Sep 29	Tu,Th	5:30pm-6pm
#24090	Sep 7-Sep 28	M,W	5:30pm-6pm
#24140	Sep 10-Oct 29	Sa	9:45am-10:15am
#24094	Oct 3-Oct 26	M,W	5:30pm-6pm
#24095	Oct 4-Oct 27	Tu,Th	5:30pm-6pm

### YOUTH SWIM LESSONS

EDICON TOUNCON A OLIVEIC CENTER

The American Red Cross Learn-to-Swim program consists of six comprehensive levels that teach children of varying abilities how to swim skillfully and safely. Each level includes training in basic water safety. All aquatic and safety skills are taught in a logical progression. Prerequisites for each level are: Level 1: No pre-requisites; new to the pool, needing to learn water adjustment skills.

Level 2: Able to fully submerge head and swim short distances on front and back, with support.

Level 3: Able to swim at least 5 yards on both front and back, unsupported.

Level 4: Able to swim at least 15 yards (half of pool length) of both front crawl and elementary back stroke.

Level 5: Able to swim 25 yards of both front crawl and elementary backstroke and 15 yards of back crawl, breaststroke, and butterfly.

Level 6: "Fitness Swimming" Able to swim 50 yards of both front crawl and elementary backstroke and 25 yards of back crawl, breaststroke, and butterfly. Needing to improve technique and endurance.

CR PC \$46.75; CR NPC \$52 NCR PC \$60.25; NCR NPC \$67

### Youth Level 1-3

#24099

#24096

#24123

EDISON JOHNSON AQUATIC CENTER

Sep 6-Sep 29

Sep 7-Sep 28

Oct 4-Oct 27

#24097	Sep 7-Sep 28	M,W	6:15pm-7pm
#24100	Sep 10-Oct 29	Sa	10:30am-11:15am
#24098	Oct 3-Oct 26	M,W	6:15am-7pm
#24142	Oct 3-Oct 26	M,W	4:30pm-5:15pm
#24147	Oct 4-Oct 27	Tu,Th	6:15pm-7pm
I.R. Ho	LMES, SR. RECRE	EATION CEN	TER
#24122	Sep 6-Sep 29	Tu,Th	5:15pm-6pm
#24120	Sep 7-Sep 28	M,W	6:15pm-7pm
#24136	Sep 10-Oct 29	Sa	11:45am-12:30pm
#24121	Oct 3-Oct 26	M W	6·15pm-7pm

Tu,Th

M,W

Tu,Th

Tu,Th

### Youth Level 1-5

I.R. HOLMES, SR. RECREATION CENTER #24119 Sep 10-Oct 29 Sa 10am-10:45am

### Youth Level 3-4

<b>EDISON</b>	JOHNSON AQUAT	TIC CENTER		
#24101	Sep 7-Sep 28	M,W	7:10pm-7:55pm	
#24102	Sep 10-Oct 29	Sa	11:15am-12pm	
#24143	Oct 3-Oct 26	M,W	7:10pm-7:55pm	
I.R. HOLMES, SR. RECREATION CENTER				
#24126	Sep 6-Sep 29	Tu.Th	6:15pm-7pm	

### Youth Level 5-6

Oct 4-Oct 27

<b>EDISON</b>	JOHNSON AQUAT	TIC CENTER			
#24104	Sep 6-Sep 29	Tu,Th	7:10pm-7:55pm		
#24103	Sep 7-Sep 28	M,W	7:10pm-7:55pm		
#24105	Oct 3-Oct 26	M,W	7:10pm-7:55pm		
#24106	Oct 4-Oct 27	Tu,Th	7:10pm-7:55pm		
I.R. HOLMES, SR. RECREATION CENTER					
#24129	Sep 6-Sep 29	Tu,Th	6:15pm-7pm		
#24130	Oct 4-Oct 27	Tu,Th	6:15pm-7pm		

### **Swim Lesson Registration**

Check out page 15 for details on when to register for swim lessons. Swim lesson registration can be completed at any recreation center, indoor pool, the administration office or online

Avoid delays in registration by creating an online account prior to the registration start date. Visit DPRPlayMore.org, click on *Register Online*, then select Request New Account in the upper right hand corner.



### **AQUATICS** continued

### TEEN SWIM LESSONS

This American Red Cross program is designed for beginners and intermediate-level swimmers. Students will be grouped according to skill level on the first day of class. Topics of instruction include basic aquatic skills, swimming strokes, personal water safety skills, and basic water rescue. If you want to become a better swimmer, or have dreamed of becoming a lifeguard, this program will help you reach those goals. There are no pre-requisites for this course.

Age: 13-17

CR PC \$46.75; CR NPC \$52 NCR PC \$60.25; NCR NPC \$67

EDISON JOHNSON AQUATIC CENTER

#24148 Sep 7-Sep 28 M,W 7:10pm-7:55pm #24107 Oct 3-Oct 26 M,W 7:10pm-7:55pm

### Teen Swim Academy

Teens, this 8-week training program is for you! It is an opportunity to improve your fitness level while learning, developing and mastering swimming strokes and water safety skills that can prepare you for lifeguard training. This supportive and encouraging environment will help you gain confidence and understanding of the benefits of water. All skill levels from beginners to experienced swimmers are welcome. Attendance at all classes is recommended for optimal skill development, endurance and fitness, but not required. Participants should bring a bathing suit and towel. Goggles are optional but recommended.

Ages: 13-17

CR PC \$2.70; CR NPC \$3 NCR PC \$7.20; NCR NPC \$8

I.R. HOLMES, SR. RECREATION CENTER						
#24131	Sep 6	Tu	7:10pm-7:55pm			
#24724	Sep 8	Th	7:10pm-7:55pm			
#24727	Sep 13	Tu	7:10pm-7:55pm			
#24730	Sep 15	Th	7:10pm-7:55pm			
#24734	Sep 20	Tu	7:10pm-7:55pm			
#24736	Sep 22	Th	7:10pm-7:55pm			
#24739	Sep 27	Tu	7:10pm-7:55pm			
#24742	Sep 29	Th	7:10pm-7:55pm			
#24746	Oct 4	Tu	7:10pm-7:55pm			
#24748	Oct 6	Th	7:10pm-7:55pm			
#24750	Oct 11	Tu	7:10pm-7:55pm			
#24752	Oct 13	Th	7:10pm-7:55pm			
#24753	Oct 18	Tu	7:10pm-7:55pm			
#24754	Oct 20	Th	7:10pm-7:55pm			
#24755	Oct 25	Tu	7:10pm-7:55pm			
#24756	Oct 27	Th	7:10pm-7:55pm			

### ADULT SWIM LESSONS

This American Red Cross program is designed for beginners and intermediate-level swimmers. Students will be grouped according to skill level on the first day of class. Topics of instruction include basic aquatic skills, swimming strokes, personal water safety skills and basic water rescue. If you want to become a better swimmer, or have dreamed of becoming a lifeguard, this program will help you reach those goals. There are no pre-requisites for this course.

Age: 18 and up

CR PC \$46.75; CR NPC \$52 NCR PC \$60.25; NCR NPC \$67

### **Adult All Levels**

EDISON JOHNSON AQUATIC CENTER
#24111 Sep 10-Oct 29 Sa 11:15am-12pm
I.R. HOLMES, SR. RECREATION CENTER
#24133 Sep 7-Sep 28 M,W 7:10pm-7:55pm
#24134 Oct 3-Oct 26 M,W 7:10pm-7:55pm

### **Adult Beginner**

EDISON JOHNSON AQUATIC CENTER #24109 Sep 6-Sep 29 Tu,Th 7:10pm-7:55pm #24144 Oct 4-Oct 27 Tu,Th 7:10pm-7:55pm

### **Adult Intermediate**

EDISON JOHNSON AQUATIC CENTER #24110 Sep 6-Sep 29 Tu,Th 7:10pm-7:55pm #24112 Oct 4-Oct 27 Tu,Th 7:10pm-7:55pm

### **ADAPTED AQUATICS SWIM LESSONS**

Age: 6-21 CR PC \$46.75; CR NPC \$52 NCR PC \$60.25; NCR NPC \$67

### Adapted Aquatics, Basic

This class is planned for participants with disabilities who are new to the pool, and need to learn water adjustment skills and basic water safety. Participants will work with a swim partner under the direction of a certified Water Safety Instructor. An initial skills assessment will be conducted on the first day of class. Goggles are optional; water shoes may be worn if needed.

I.R. HOLMES, SR. RECREATION CENTER #24139 Sep 11-Oct 30 Sun 1:15pm-2pm

### Did you know you can register online?

Visit DPRPlayMore.org and click on Register Online, then select Request New Account in the upper right hand corner.

### **Adapted Aquatics, Intermediate**

This class is planned for participants with disabilities who are able to fully submerge their head, swim at least 5 yards on their front and back, and have a basic understanding of water safety. Students will learn swim strokes and increase their knowledge and skills in water safety. Participants will work with a swim partner under the direction of a certified Water Safety Instructor. An initial skills assessment will be conducted on the first day of class. Goggles are optional; water shoes may be worn if needed.

I.R. HOLMES, SR. RECREATION CENTER #24138 Sep 11-Oct 30 Sun 2:15pm-3pm

### **DURHAM AQUATIC SCHOOL (DAS)**

The purpose of this program is to offer free lifeguard certification training to area teens willing to work for DPR as lifeguards. A 'weekender' course is being offered for teens. Interested teens must complete a Durham Aquatic School Application. Application packets may be downloaded from DPRPlayMore.org, beginning Monday, August 8. To qualify for the Durham Aquatic School, participants must be 16-19 years old and currently enrolled in high school. They must also be able to pass the pre-requisite swim test. Detailed information about Durham Aquatic School is provided in the application packet. Space is limited, apply early.

Age: 16-19 No Cost

I.R. HOLMES, SR. RECREATION CENTER

#24763 Oct 7-Oct 16 Sa 9am-5pm Sun 12pm-6pm F 5:30pm-9pm

### **DAS Practice Sessions**

These are optional practice sessions for those who wish to participate in the Durham Aquatic School.

I.R. HOLMES, SR. RECREATION CENTER

#24765 Sep 24, Oct 1 Sa 3pm-4:30pm Sep 21, Sep 28 W 7pm-8pm

### **DAS Pre-Course Swim Test**

Participants in DAS must attend the Pre-course Swim Test session offered to be able to participate in DAS.

I.R. HOLMES, SR. RECREATION CENTER #24764 Oct 5 W 7pm-8pm



PLAY MORE DURHAM PARKS AND RECREATION

### **AQUATICS** continued

### Teen Open Pool

Join your friends in a game of water basketball, water polo, or recreation swim during Teen Open Pool. 18 year olds must provide a current school ID card.

Age: 13-18 No Cost

### EDISON JOHNSON AQUATIC CENTER

#24766	Sep 11	Sun	4pm-5:30pm
#24767	Sep 18	Sun	4pm-5:30pm
#24768	Sep 25	Sun	4pm-5:30pm
#24769	Oct 2	Sun	4pm-5:30pm
#24770	Oct 9	Sun	4pm-5:30pm
#24771	Oct 16	Sun	4pm-5:30pm
#24772	Oct 23	Sun	4pm-5:30pm
#24773	Oct 30	Sun	4pm-5:30pm

### I.R. HOLMES, SR. RECREATION CENTER

#24774	Sep 4	Sun	4pm-5pm
#24775	Sep 11	Sun	4pm-5pm
#24776	Sep 18	Sun	4pm-5pm
#24777	Sep 25	Sun	4pm-5pm
#24778	Oct 2	Sun	4pm-5pm
#24779	Oct 9	Sun	4pm-5pm
#24780	Oct 16	Sun	4pm-5pm
#24781	Oct 23	Sun	4pm-5pm
#24782	Oct 30	Sun	4pm-5pm

### **Total Tot Swim Time**

Bring your 1 to 5 year old to play with a variety of pool toys, noodles, and more. A parent must accompany their child in the water. Children must wear appropriate swim gear; this includes a swim diaper as necessary.

Age: 1-5 No Cost

### I.R. HOLMES, SR. RECREATION CENTER

1.11.	civillo, ord. I di	Jeiter III Torr CEr	TLIC
#24784	Sep 12	M	10:45am-11:45am
#24785	Sep 19	M	10:45am-11:45am
#24786	Sep 26	M	10:45am-11:45am
#24787	Oct 3	M	10:45am-11:45am
#24788	Oct 10	M	10:45am-11:45am
#24789	Oct 17	M	10:45am-11:45am
#24790	Oct 24	M	10:45am-11:45am
#24791	Oct 31	M	10:45am-11:45am

### **Register early!**

If you wait until the last minute to register, the class you want to take may be full or it may be cancelled if enrollment is low. You could make the difference!

# WATER EXERCISE Aqua Arthritis

Exercises are specifically designed for those suffering from debilitating disorders such as arthritis and fibromyalgia. The goal is for participants to perform daily activities with increased comfort. You do not need to know how to swim to join. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 13 and up CR PC \$4.50; CR NPC \$5 NCR PC \$9: NCR NPC \$10

EDISON JOHNSON AQUATIC CENTER

#24069 Sep 2-Dec 30 M,W,F 11am-11:45am

### **Deep Water Aerobics**

This invigorating class is conducted in deep water. This program is designed to give a total body workout. Sessions include cardio, toning and stretching components. Exercisers do not need to know how to swim but should be comfortable in deep water even though flotation belts will be provided. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 13 and up

CR PC \$4.50; CR NPC \$5 NCR PC \$9; NCR NPC \$10

EDISON JOHNSON AQUATIC CENTER

#24070 Sep 3-Dec 17 Sa 9:45am-10:30am

### **Water Exercise Fees**

Pay the daily drop-in fee for water exercise classe: or save by purchasing a Play More Card and Multi-Visit Water Exercise Class Pass!

Details on page 5.

### **Shallow Water Aerobics**

This class offers a total workout while protecting joints from the pounding of a traditional land aerobics class. The program is designed to utilize the natural resistance of water allowing for muscle toning, cardiovascular endurance and increased flexibility. Participants do not need to know how to swim to join. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 13 and up

CR PC \$4.50; CR NPC \$5 NCR PC \$9; NCR NPC \$10

EDISON JOHNSON AQUATIC CENTER

#24072 Sep 1-Dec 29 M-Th 6:15pm-7pm #24071 Sep 2-Dec 30 M,W,F 10am-10:45am

I.R. HOLMES, SR. RECREATION CENTER

#24073 Sep 1-Dec 16 Tu,Th,F 12:15pm-1pm #24074 Sep 1-Dec 15 Th 7pm-7:45pm #24075 Sep 12-Dec 12 M 7pm-7:45pm



PLAY MORE





### **AQUATICS** continued

### **INSTRUCTIONAL SWIM PROGRAMS**

Registration begins at 8:30 a.m. on the following dates online, at the centers or the administrative office.

### **EDISON JOHNSON AQUATIC CENTER 500 West Murray Avenue** 919-560-4270

SESSIONS	REGISTRATION BEGINS
Monday & Wednesday	
September 7 - September 28 (Class Friday 9/9).	August 15, 2016
October 3 - October 26	September 12, 2016
Tuesday & Thursday	
September 6 - September 29	August 15, 2016
October 4 - October 27	September 12, 2016
Saturday	
September 10 - October 29	August 15, 2016

### **CLASS DAYS AND TIMES**

TIME	MON & WED	TUES & THURS	SAT
9:45 – 10:15am			Aqua Tots Preschool Levels 1-2 Preschool Levels 3
10:30 – 11am			Preschool Levels 1-3
10:30 – 11:15am			Youth Levels 1-3
11:15am – 12pm			Youth Levels 3-4 Adult: All Levels
4:30 – 5:15pm	Youth Levels 1-3		
5:30 – 6pm	Aqua Babies (Mondays Only) Preschool Levels 1-2 Preschool Levels 3	Aqua Tot Presschool Levels 1-2 Preschool Levels 3	
6:15 – 7pm	Youth Levels 1-3	Youth Levels 1-3	
7:10 – 7:55pm	Youth Levels 3-4 Youth Levels 5-6 Teen	Youth Levels 5-6 Adult: Beginner Adult: Intermediate	

### **Online Registration**

### **CAMPUS HILLS POOL 2000 South Alston Avenue** 919-560-4444

SESSIONS	REGISTRATION BEGINS
Monday-Thursday	
September 26 - October 6	August 15, 2016
Monday & Wednesday	
September 7 - September 28 (Class Friday 9/9)	) August 15, 2016
October 3 - October 26	September 12, 2016
Tuesday & Thursday	
September 6 - September 29	August 15, 2016
October 4 - October 27	September 12, 2016
Saturday	
September 10 - October 29	August 15, 2016
Sunday	
September 11 - October 30	August 15, 2016

### **CLASS DAYS AND TIMES**

TIME	MON-THURS	MON & WED	TUES & THURS	SAT	SUN
10 – 10:45am				Youth Levels 1-5	
10:15 – 10:45am	Preschool				
11 – 11:30am				Preschool	
11:45am – 12:30pm				Youth Levels 1-3	
1:15 – 2pm					Adapted Basic
2:15 – 3pm					Adapted Intermediate
5:15 – 6pm			Youth Levels 1-3		
5:30 – 6pm		Preschool			
6:15 – 7pm		Youth Levels 1-3	Youth Levels 3-4 Youth Levels 5-6		
7:10 – 7:55pm		Adult	Teen		



### **ARTS AND CRAFTS**

### My First Art Masterpiece

This program will explore the creative idea of the child and parent. It includes the fundamentals of art in understanding the skills of drawing, coloring and painting. The parent and child will be encouraged to practice the skills learned here at the center or home.

Age: 4-8

CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11

WALLTOWN PARK RECREATION CENTER

#24422 Sep 17-Oct 8 2pm-3pm Nov 5-Dec 3 2pm-3pm #24423





### **ATHLETICS**

### ATHLETIC LEAGUES Youth Basketball

Practices begin in October with games beginning in November and running through February.

Boys and Girls | Age: 5-12, on or by November 1, 2016 CR PC \$25.25; CR NPC \$28

NCR PC \$38.75; NCR NPC \$43

Registrations are accepted on a first-come first-serve basis, and must be accompanied with a birth certificate and payment. Players registering individually will be divided into teams and compete in the Individual division. Players registering as part of team will compete in a separate Team division.

### **Team Registration**

Team Registration Date: October 8, 2016 Team Registration Time: 9am-12pm

Team Registration Location: Durham Parks and Recreation, 400 Cleveland Street, Durham, NC 27701

Teams must pay, submit coaches' paperwork and a minimum

of 8 player registration forms to register as a team.

#23581 Age: 7-8 #23582 Age: 9-10 Age: 11-12 #23583

### **Individual Registration**

Individual Registration Dates: Sept. 12 - Oct. 7, 2016

Individual Registration Time: 8am-5pm

Individual Registration Location: Durham Parks and Recreation, 400 Cleveland Street, Durham, NC 27701

#23580 Age: 5-6 #23584 Age:7-8 #23585 Age: 9-10 Age: 11-12 #23586

### Basketball - Night Flight

The Night Flight program offers participants the opportunity to play the game of basketball while learning valuable life skills. With Night Flight, skills learned through the game of basketball will help develop character, values and promote positive life choices for participants both on and off the court. The Night Flight season runs from October 7-March 3. Games are held at various recreation centers every other Friday at 6:30pm.

Age: 13-18 No cost

Registration begins September 6, 2016. Contact your local recreation center for Night Flight registration information.

### **Adult Basketball**

Come on out and hoop it up in the Bull City! Teams will play on Monday and Wednesday evenings at the Edison Johnson Recreation Center.

Age: 17 and up

Fee: \$495 per team; +\$12 per NCR player Registration Dates: October 3-28, 2016

Registration Time: 8am-5pm

EDISON JOHNSON RECREATION CENTER

#23572 Nov 7-Feb 22



### CHEER AND DRILL TEAMS

### Jr. Cheerleading

This cheerleading class teaches children the basic skills needed to advance in the sport of cheerleading. Your child will learn to memorize cheers and master the art of performing them. This class is recommended for students who bring enthusiasm, energy and love to the sport.

Age: 6-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24502 Sep 13-Oct 18 Tu 6pm-7pm #24501 Nov 1-Dec 6 Tu 6pm-7pm

### **Youth Cheerleading**

This class teaches basic cheerleading skills. This class is recommended for kids who are high energy and like to learn cheers and chants.

Age: 6-12

CR \$0

NCR PC \$11.25; NCR NPC \$12.50

HOLTON CAREER AND RESOURCE CENTER

#24078 Sep 3-Oct 8 Sa 12pm-1pm #24079 Oct 22-Nov 26 12pm-1pm

### Cheerleading

This class teaches basic cheerleading skills. This class is recommended for kids who are high energy and like to learn cheers and chants.

Age: 8-12

CR PC \$8: CR NPC \$9

NCR PC \$12.50: NCR NPC \$14

W.D. HILL RECREATION CENTER

6:15pm-7:15pm #23722 Sep 12-Oct 17 #23720 Oct 24-Nov 28 6:15pm-7:15pm





### **ATHLETICS** continued

### **SPORTS ACADEMY & CLINICS**

These clinics are designed to provide a positive outlet where youth learn teamwork and various athletic skills. We offer a structured environment where participants can focus on learning the game, being active and developing a positive attitude and habits.

### **DPR Soccer Academy**

This academy is designed to teach basic introductory soccer skills to participants. The academy promotes an atmosphere of fun and sportsmanship among coaches, parents and participants. All participants will attend skill sessions and scrimmages on Saturdays at C.M. Herndon Park.

Age: 5-12

CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17

Registration Dates: August 1-September 9, 2016

C.M. HERNDON PARK

#23656 Age: 5 #23655 Age: 6-7 #23654 Age: 8-9 #23653 Age: 10-12

### **Youth Baseball Clinic**

Come out for a day at the ballpark and learn the basics of America's favorite pastime. We will teach participants the fundamentals of hitting, throwing, fielding, pitching and everything in between.

Age: 5-12

CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 VALLEY SPRINGS PARK

#24478 Oct 8 Sa 10am-2pm

### Youth Basketball Skills Academy

These clinics are designed to provide a positive outlet where young people learn teamwork and basketball skills. We offer a structured environment where participants can focus on learning the game of basketball, while also developing a positive attitude, better understanding of self and positive thinking.

Age: 5-12

CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER #24481 Sep 10-Oct 1 Sa 10am-11:30am

### P.B.I.R.D.S.

In the P.B.I.R.D.S. program, boys and girls will learn the basic fundamentals of basketball, including Passing, Ballhandling, Intangibles, Rebounding, Defense, and Shooting (P.B.I.R.D.S.). Participants will gain new skills and improve their game in a fun and friendly environment.

Age: 6-9

CR PC \$16.25; CR NPC \$18 NCR PC \$20.75; NCR NPC \$23

EDISON JOHNSON RECREATION CENTER

#24641 Sep 12-Oct 19 M,W 6:30pm-7:30pm

### Youth Basketball Fundamentals

Age: 8-12

CR PC \$8: CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

I.R. HOLMES, SR. RECREATION CENTER

#24014 Sep 7-Oct 12 W 6:30pm-7:30pm #24068 Oct 27-Dec 8 Th 6:30pm-7:30pm

### Youth Golf Academy

Come learn the basic fundamentals of the game of Golf. Golf is a game you can play your entire life! Learn values like integrity, honesty, and respect with one of America's favorite leisure activities.

Age: 5-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK

#24480 Sep 29-Nov 3 Th 5:30pm-6:30pm

### **TENNIS LESSONS**

### Beginner Tennis Lessons Ages 9-10

The class will review basic strokes, tennis strategy, and learn how to score a match. Participants should bring a tennis racquet, water and wear tennis shoes and comfortable clothing. Age: 9-10

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

FOREST HILLS PARK

#20636 Sep 7-Sep 26 M,W 6pm-7pm

### DPR Abilities Tennis Academy

Durham Parks and Recreation is proud to bring tennis into the lives of people with intellectual disabilities through basic to advanced skills and drills. Participants will learn tennis or enhance their tennis skills through individual instruction and team match play.

Age: 8 and up

CR PC \$5; CR NPC \$6

NCR PC \$10; NCR NPC \$11

FOREST HILLS PARK

#24964 Oct 1-Oct 22 Sa 10am-11am



### Tournaments

### **Pickleball Tournament**

Join the fun of Walltown's bi-annual pickleball tournament! A point system will be utilized to ensure that everyone has a fair shot and can play with different partners. T-shirts and light refreshments will be provided to all participants. Enjoy a day of friendly competition in our beautiful gymnasium.

Age: 18 and up

CR PC \$9; CR NPC \$10

NCR PC \$13.50; NCR NPC \$15

WALLTOWN PARK RECREATION CENTER #23849 Dec 3 Sa 2:15pm-6pm

### ATHLETIC DROP-IN ACTIVITIES

FEES LISTED ARE PER DAY

### Racquetball

The racquetball courts are available to rent in 1 hour blocks. Reservations are accepted up to seven calendar days in advance. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per hour.

Age: 16 and up

CR PC \$7.25: CR NPC \$8

NCR PC \$11.75: NCR NPC \$13

Edison Johnson Recreation Center

 Sep 1-Dec 31
 M-Th
 9am-9pm

 F
 9am-8pm

 Sa
 9am-6pm

 Sun
 1pm-6pm

I.R. HOLMES, SR. RECREATION CENTER

Sep 1-Dec 31 M-Th 6am-9pm F 6am-8pm Sa 8am-6pm

Sun 1pm-6pm



### ATHLETICS continued

### Wallyball

The racquetball courts are available to rent in 1 hour blocks. Reservations are accepted up to seven calendar days in advance. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per hour.

Age: 16 and up CR PC \$7.25; CR NPC \$8

NCR PC \$11.75; NCR NPC \$13

Edison Johnson Recreation Center

#24153 Sep 1-Dec 31 M-Th 9am-9pm F 9am-8pm Sa 9am-6pm Sun 1pm-6pm

### Pickleball

Pickleball is a racquet sport which combines elements of badminton, tennis and table tennis. No need to worry about the weather, this open recreation sport will have participants enjoying friendly game play in a climate controlled indoor setting. We will focus on the main components of the game of Pickleball and learn the strategy of the game.

Age: 18 and up

CR PC \$3.60; CR NPC \$4 NCR PC \$8.10; NCR NPC \$9

WALLTOWN PARK RECREATION CENTER #23772 Sep 1-Dec 29 Tu,Th 3pm-5:30pm

W 12:30pm-3pm Sa 2:15pm-6pm

### **Badminton**

Badminton is an Olympic racquet sport played on a small rectangular court. Come out to learn the basics or show off your skills. Some equipment is available for use.

Age: 8 and up

CR PC \$3.60; CR NPC \$4 NCR PC \$8.10; NCR NPC \$9

WALLTOWN PARK RECREATION CENTER

#23776 Nov 7-Dec 12 M 5pm-7:15pm

### **Play More Card**

Check out pages 4-5 for details on our Play More Card! Play More Cards provide the opportunity to save money by purchasing multi-visit passes or monthly wellness packages for certain activities!



### **CANINE RECREATION**

### **DOG PARKS**

Durham Parks and Recreation has three Dog Parks, which offer a safe and controlled environment for dogs and their owners. The Dog Parks provide access to open space for off-leash play and socialization.

Northgate Dog Park (located on the north side of the Northgate Park, off of Lavender Avenue) features two enclosed areas – one

for big dogs and one for small dogs, water fountains, waste bag dispensers, benches, and a kiosk.

Pineywood Dog Park (located at 400 E. Woodcroft Pkwy.) features four separate enclosed areas – a small dog area, large dog area, program area, and entrance area. Amenities include water fountains, waste bag dispensers, benches, and a kiosk.

**Downtown Durham Dog Park** (located on the corner of Roxboro and Elliott Streets) features separate enclosed areas for small dogs and large dogs, benches, and waste bag dispensers.

Registration

All dogs MUST be registered with DPR annually. To ensure that we provide a healthy environment for all participants, we have adopted the vaccination requirements recommended by the American Animal Hospital Association. All dogs are required to have the following vaccinations before being issued a Dog Park tag: rabies, distemper/parvo, bordetella, and a negative fecal exam. We also accept titer results in lieu of vaccinations except for rabies (state law). Vaccinations must be current, and not due to expire within 30 days.

When these requirements are met, a DPR dog park tag is assigned. All dogs must wear their current dog park tag while playing in the park.

Online registration is available at DPRPlayMore.org. After registering, vaccination records and liability waiver must be emailed to durhamdogpark@durhamnc.gov. See website for complete instructions, or call 919-560-4355 for more information.

Registration can also be done in person at 400 Cleveland Street, or by mail to:

Durham Parks and Recreation Attn: Dog Parks 101 City Hall Plaza Durham, NC 27701

### Fees

2016 Dog Park tags are valid for one year (January 1 – December 31). Fees are not prorated throughout the year.

CR PC: \$15/first dog \$13/each additional dog(s)
CR NPC: \$17/first dog \$15/each additional dog(s)
NCR PC: \$20/first dog \$18/each additional dog(s)
NCR NPC: \$22/first dog \$20/each additional dog(s)



### **CANINE SPECIAL EVENTS**

Special events are not just for humans! Join us for special programs and events throughout the year where you can bring your canine friend!

### Barktoberfest

Barktoberfest is a celebration of all things canine. This year, participants will have a lot to bark about, as they enjoy demonstrations, the 2016 Hyperflite Skyhoundz NC Canine Disc Dog State Championship, a Treiball Competition, Pet Market, games, an opportunity to learn about local adoption and foster organizations, and more!

Age: All Ages No Cost

ROCK QUARRY PARK

#23489 Oct 16 Sun 12pm-4pm

### **Santa Paws**

Join us for an evening of holiday fun with your canine friends! This canine event will feature pictures with Santa, games and activities, holiday pet market, and an animal food and toy drive.

Age: All Ages
No Cost

ARMORY

#18495 Dec 9 F 6pm-8pm

Register for your dog park tags online!

Visit DPRPlayMore.org and click Register Online.



### **CULTURAL HERITAGE**

### Kids Photography: West Point on the Eno

September 24-September 30 is Take a Child Outside Week and what better way to get your child outdoors than to give them an opportunity to explore West Point on the Eno Park as they take photographs of their exploration. In this special program, kids will be loaned cameras and a guide will take them around the park to photograph and hear stories of the nature and history of the park. At the end of the program, the guide will collect the cameras so the photographs can be developed and displayed in a special exhibit, A Kids View of West Point on the Eno, on display at the Hugh Mangum Photography Museum from October-December. Kids will get digital copies of their photographs and will have their work displayed in the exhibit. Adults must stay with their kids.

Age: 12 and under CR PC \$2; CR NPC \$3 NCR PC \$7; NCR NPC \$8 WEST POINT ON THE ENO

10am-12pm #23738 Sep 24 Sa

### A Kid's View of West Point on the Eno Photo **Exhibit Opening**

Stop by the Hugh Mangum Photography Museum and check out our newest exhibit, A Kid's View of West Point on the Eno. In September, kids 12 and under explored the park photographing what they saw from their perspective. Their selected works will be on display in the Photography Museum until the end of the season. The exhibit opening will include healthy refreshments and a Photography Museum scavenger hunt of Hugh Mangum's works.

Age: All Ages No Cost

WEST POINT ON THE ENO

#23728 Oct 15 1pm-5pm

### Become the Miller

Step behind the scenes and get a hands-on look at how the West Point Mill operates. Participants will learn the history of the mill and milling, while getting a chance to help operate the mill themselves. Due to safety, you must be 18 years or older to attend this workshop.

Age: 18 and up CR PC \$7; CR NPC \$8 NCR PC \$11.75; NCR NPC \$13 WEST POINT ON THE ENO #23750 Oct 1

10am-12pm

### **Introduction to Spinning Wool**

Join an award-winning spinner and learn how to spin your own wool yarn. Whether it's your first time spinning or just something unique to try, you will enjoy adding this special yarn to your projects. All materials provided, including a drop spindle so you can continue spinning wool at home. Please bring your lunch to enjoy during the break.

Age: 10 and up

CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17

LEIGH FARM PARK

#23740 Nov 5 10am-2pm

### Just for the Smell of It: Essential Oils Class

In this fun introductory class, you will learn about all the benefits essential oils have to offer, as well as a brief history and safe uses of essential oils. Smell over 25 single essential oils and create your own personal blend to take home in a 1 oz. spritzer.

Age: 12 and up CR PC \$7: CR NPC \$8 NCR PC \$11.75; NCR NPC \$13

LEIGH FARM PARK

#23741 Oct 22 10am-12pm

### Make Holiday Gifts with Essential Oils

Replace the synthetic scented lotion, body spritzers, body oils, perfumes, and bath salts with 100% pure natural essential oils! Experience how simple and easy it is while creating three lovely pure aromatic gifts that you can give away this holiday season.

Age: 12 and up CR PC \$7; CR NPC \$8 NCR PC \$11.75; NCR NPC \$13

LEIGH FARM PARK

#23747 Dec 3 1pm-3pm

### **Children's Holiday Gifts with Essential Oils**

Creativity, children, and homemade holiday gifts infused with essential oils. In this workshop, your children will choose the aromas that they will put into a body scrub, lotion, holiday scented coasters and body spritzers. They will be so proud to give their lovely scented gift to anyone on their list.

Age: 6-17

CR PC \$2; CR NPC \$3 NCR PC \$7; NCR NPC \$8 Leigh Farm Park

#23922 Dec 3 10am-12pm

### Cultural Heritage Spotlight

### Leigh Farm Park

370 Leigh Farm Road

The 82.8-acre property is anchored by a 7-acre historic core listed in the National Register of Historic Places in 1975.

The historic area includes:

- Leigh House (circa 1835)
- An early 19th century dairy
- A mid-19th century enslaved peoples cabin with notable stick-built chimney
- A mid-19th century smokehouse and corn crib
- A late 19th century well house
- A late 19th century carriage house
- The Leigh Family Cemetery

The property also features:

- A 2nd mid-19th century slave cabin with a 1930 Rustic Revival log addition
- An early 20th century tobacco barn and pack house
- Several mid-20th century residences
- Wooded acreage that was historically open agricultural land

The park gates are open daily from 8am to dark.

The visitor center is open Saturdays from 1pm to 5pm, April to mid-December. Admission is free. Weekday tours can be arranged in advance by calling 919-560-1116.





### **EDUCATION AND ENRICHMENT**

### PROJECT T.E.A.M.

Project T.E.A.M. (teach, empower, achieve, motivate) is a program that will do just what its name says. The focus is on academic enrichment, life skills, team exercise, and community service. Participants don't need to bring any equipment, skills or abilities to join this program.

Age: 13-18

### **CULINARY ARTS** Kid Kitchen

Love to cook? Want to be a chef? Join the fun, cooking class for youth. You will learn cooking basics. Each class you will learn how to prepare snacks and small meals and have fun doing it.

Age: 3-5 CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14

CR PC \$8; CR NPC \$9

WALLTOWN PARK RECREATION CENTER #23976 Sep 15-Oct 20 10am-11am Th

Age: 6-12

NCR PC \$12.50; NCR NPC \$14 WALLTOWN PARK RECREATION CENTER #23978 Nov 3-Dec 15 Th 6pm-7pm

### **Holiday Cookie Decorating**

Get your little ones into the holiday spirit by creating some holiday cookies that taste as good as they look. Baked cookies will be ready for your child to decorate using royal icing and chocolate.

Age: 5-12 CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50

WALLTOWN PARK RECREATION CENTER

#23977 Oct 25 Tu 6pm-7pm #23979 Dec 13 Tu 6pm-7pm

### Project T.E.A.M.

CFLRC AT LYON PARK CR PC \$0; CR NPC \$33 NCR PC \$0; NCR NPC \$48 #24687 Sep 6-Sep 22 M-Th 4pm-6pm

CR PC \$0: CR NPC \$36 NCR PC \$0: NCR NPC \$51 #24685 Sep 26-Oct 13 M-Th 4pm-6pm

CR PC \$0; CR NPC \$36 NCR PC \$0: NCR NPC \$51

CR PC \$0; CR NPC \$33 NCR PC \$0; NCR NPC \$48

#24688 Nov 7-Nov 23 M-Th 4pm-6pm

CR PC \$0; CR NPC \$36 NCR PC \$0; NCR NPC \$51

#24686 Oct 17-Nov 3 M-Th

#24689 Nov 28-Dec 15 M-Th 4pm-6pm

### TEEN COUNCIL

Want to become a voice for youth in your community? If so, then join Teen Council. By joining you will learn leadership, public speaking and programming skills. Participants of all skills and abilities are welcome to join.

4pm-6pm

### **DPR Teen Advisory Council**

Age: 13-17 No Cost

WEAVER STREET RECREATION CENTER #23725 Sep 1-Dec 15 Th 6:30pm-7:30pm

### **Teen Trips and Outings**

checking the DPR website, Facebook & Twitter pages!

### Did you know you can register online?



### **Hang Time**

Want a place to chill, relax, and kick back? Hang out or choose to participate in both physical and leisure activities in a safe structured environment. Teens will have access to the computer lab, game room, gym, video games, pool table, air hockey, ping pong, Facebook, Twitter, and more!

Age: 13-17 No Cost

HOLTON CAREER AND RESOURCE CENTER #24084 Sep 6-Dec 22 M-F 3pm-6pm

WALLTOWN PARK RECREATION CENTER #23762 Sep 1-Dec 22 M-F 3pm-5pm

WEAVER STREET RECREATION CENTER

#24062 Sep 1-Dec 30 M-F 3pm-5pm

### **Holton Elite**

This class will offer female participants professional skills development workshops designed to provide training in areas such as job etiquette, resume creation, team building, interview communication and leadership skills.

HOLTON CAREER AND RESOURCE CENTER Age: 13-17 CR \$0: CR NCR \$0

NCR PC \$0; NCR NPC \$14

#24083 Sep 2-Oct 7 6pm-7pm

### R.O.L.E. Model

R.O.L.E. Model (Reaching Our Legacy of Excellence) is a course for teenage boys that are in need of positive role models to enhance their behavior, leadership abilities, academic abilities, confidence and decision-making skills.

Age: 13-17

CR \$0; CR NCR \$0 NCR PC \$0; NCR NPC \$14

HOLTON CAREER AND RESOURCE CENTER

#24082 Sep 2-Oct 7 6pm-7pm **PLAY MORE DURHAM PARKS AND RECREATION** 



### **EDUCATION AND ENRICHMENT continued**

### Teen Fit

Want to get in shape and have fun at the same time? Teens will be engaging in workouts, exercise and drills.

Age: 13-17

No Cost

WEAVER STREET RECREATION CENTER

#23693 Sep 12-Oct 17 Μ 4:30pm-5:30pm Nov 7-Dec 12 #23694 Μ 4:30pm-5:30pm

### S.P.L.A.S.H.

This fun winter break program is designed for teens who want to get out, get moving and experience new activities! Each day the program will be focused on a specific theme with activities that are land-based and water-based designed to engage participants and develop Sports, Pool, Leadership, Adventure, Safety, and Health skills and knowledge (S.P.L.A.S.H.). The week's programs will be followed by a Teen Pool Party on Friday, December 30! (Participants who attend at least three days will earn free admission.) In addition to swim and gym attire, please bring a snack and water bottle each day. Age: 13-17

No Cost

I.R. HOLMES, SR. RECREATION CENTER

#24865	Dec 27	Tu	12pm-5pm
#24893	Dec 28	W	12pm-5pm
#24894	Dec 29	Th	12pm-5pm
#24895	Dec 30	F	12nm-5nm

### Athletic Training for Teens

This high energy, fun-filled fitness program strives to increase the health and fitness of teens in a safe, positive and motivating environment. Activities include body weight exercises, circuit training, cardio circuits and much more. Take the challenge! Age: 13-18

No Cost

I.R. Holmes, Sr. Recreation Center

#24870 Sep 8-Dec 22 4pm-5:15pm

### Teen Lounge

Come lounge with your friends at the Weaver Street Recreation Center Teen Lounge. Play video games, board games, watch sports or your favorite movies, or just chill out and relax with your friends.

Age: 13-17 No Cost

Weaver Street Recreation Center

Sep 1-Dec 31 1pm-6pm M-Th 7:30pm-9pm Teen Night Out: High Ropes Course

Join us as we check out Bethesda Park! We'll be climbing the High Ropes Course, playing basketball under the lighted shelter and grilling out! We'll meet at Walltown and head over there together! Don't miss out on this great time!

Age: 13-17 No Cost

WALLTOWN PARK RECREATION CENTER

#23761 Sep 9 5pm-10pm

### **Teen Room**

Come participate in a variety of fun activities including billiards, foosball, darts and board games.

Age: 13-17 No Cost

**EDISON JOHNSON RECREATION CENTER** 

Sep 1-Dec 30 M-F 8:30am-9pm 8:30am-6pm Sa Sun 1pm-6pm

### LIFE SKILLS

### Car Maintenance 101

Vehicle maintenance can cost a fortune. Why pay a mechanic when you can do the work yourself at half the cost. Learn how to change a tire, change your oil, replace windshield wipers and complete other basic maintenance needs.

Age: 13-17 No Cost

WALLTOWN PARK RECREATION CENTER #23786 Sep 24 Sa 1pm-3pm

### Ballin' on a Budget

Have financial goals, but aren't sure of how to achieve them? We may be able to help! This series will provide you with suggestions, tips and tricks to help make the transition from living at home to living on your own go a bit smoother. And for those who already have an established financial routine, this class could help you save some extra money!

Age: 18 and up No Cost

WALLTOWN PARK RECREATION CENTER Sep 28 W 6pm-7:30pm #23815 #23816 Nov 9 6pm-7:30pm



### Coupon Fun

The classes are for coupon clippers and those who are new to the art of coupons and want to learn techniques. You will learn how to find coupons, organize coupons, as well as match coupon sales. Participants share ideas in a friendly setting. Age: 18 and up

CR PC \$14.50; CR NPC \$16 NCR PC \$19; NCR NPC \$21

W.D. HILL RECREATION CENTER

#24337 Sep 1-Sep 22 Th 6:15pm-7:15pm #24338 Oct 6-Oct 27 Th 6:15pm-7:15pm

### **Etiquette for YOUth**

Yes, manners matter! This is a comprehensive program which teaches all elements of everyday etiquette for youth. Through a variety of activities, participants will build self-confidence and develop leadership skills for use in social situations. These include: shaking hands with adults, inviting a friend to the movies, online communication, face-to-face conversation, displaying proper table manners and much more. Participation in this course is an investment in personal success!

Age: 8-12

CR PC \$8: CR NPC \$9 NCR PC \$12.50; NCR NPC \$14

I.R. HOLMES, SR. RECREATION CENTER #24019 Oct 6-Nov 10 Th 6pm-7pm

### **Online Registration**

PLAY MORE DURHAM PARKS AND RECREATION

### **EDUCATION AND ENRICHMENT** continued

### **COMPUTER LAB - OPEN**

Come in and take advantage of our computer lab. Access to the Internet, Microsoft Office products and printing will be available.

No Cost

Age: 13 and up

HOLTON CAREER AND RESOURCE CENTER

#24157 Sep 2-Dec 21

10am-2pm 1pm-5pm 6pm-8pm

M,W,F

M,W,F

Age: 18 and up

W.D. HILL RECREATION CENTER

#23730 Sep 3-Dec 15

Tu,Th 10am-11am

Sa 1pm-2pm

Age: 21 and up

WALLTOWN PARK RECREATION CENTER

#23683 Sep 7-Dec 28

M,W 12pm-1pm

# COMPUTERS, TECHNOLOGY AND MEDIA Technology Made Easy

Can't teach old dogs new tricks? We beg to differ! Come learn the basic skills used to communicate in today's world. Several topics will be covered including: Facebook, Twitter, email, online purchasing, uploading photos, text messaging, search engines and many more! Have questions about your computer or cell phone? We can help with that too!

Age: 55 and better

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24583 Oct 13-Nov 17 Th 2pm-3pm

### **Coding for Kids**

Do you like playing computer games? Are you interested in learning how to create them? This introductory course to coding is a great way to start learning about computer programming. You will learn how to code some of the popular computer games you and your friends play at home!

Age: 7-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24584 Oct 3-Nov 7 M

### MOBILE RECREATION

DPR Mobile Recreation offers programs that are entertaining, challenging, and encourage play. We bring the fun and games to parks, playgrounds and recreation centers throughout the city.

Age: All Ages No Cost

### Fun Caravan

Fun Caravan is a mobile recreation program that brings recreation to communities throughout Durham by providing a variety of fun, active, and challenging recreation experiences for children up to 12 years old. The program offers a variety of activities from arts and crafts to obstacle courses to more traditional games like relay races. Follow us to the Fun! All children must be accompanied by an adult. Weather permitting.

WHIPPOORWILL PARK

#23885 Sep 23 F 10am-12pm

C.R. WOOD PARK

#23886 Oct 31 M 10am-12pm

AMERICAN VILLAGE PARK

#23887 Nov 8 Tu 10am-12pm

### **OPEN FORUMS**

Open forums are meetings where anyone can come and voice their opinions and concerns about DPR issues they feel are important.

No Cost

### **Mature Adult Open Forum**

Age: 55 and better

CFLRC AT LYON PARK

#23679 Oct 4 Tu 10:30am-11:30am HOLTON CAREER AND RESOURCE CENTER #23680 Oct 6 Th 10:45am-11:30am

WALLTOWN PARK RECREATION CENTER #23682 Oct 10 M 11am-12pm

### **Photography**

Photography is one of the most beautiful forms of expression of art. You will learn lighting techniques, camera, and mechanics, digital vs. filming, editing and more. Let us match you with the program for your photography needs.

Age: 18 and up

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

I.R. HOLMES, SR. RECREATION CENTER

#24875 Sep 7-Oct 12 W 6:15pm-7:15pm

DPR strives to make our programs, services and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

6pm-7pm

### RESOURCE CENTER

Resource Center provides a place for teens and adults to work uninterrupted on job or school related projects-anything from homework assignments to resume writing.

No Cost

### Youth Resource Center

Age: 6-12

WEAVER STREET RECREATION CENTER

#23981 Sep 1-Dec 29 M-Th 6pm-7:30pm

### **Teen Resource Center**

Age: 13-18

WEAVER STREET RECREATION CENTER

#23973 Sep 1-Dec 31 Sa 1pm-6pm

M-Th 7:30pm-9pm



## **Photos Wanted!**

Do you have photos you've taken at Parks and Recreation centers or in our parks? Submit them to us and see them in print in Play More!
For details call 919-560-4355 or email dprinfo@durhamnc.gov.

PLAY MORE DURHAM PARKS AND RECREATION 23



### **EDUCATION AND ENRICHMENT** continued

### Campus 2 Campus College Tours

Join us while we tour colleges and universities across the state. In addition to tours, you will get an opportunity to build résumés, work on college applications, and listen to student panels.

Age: 13-18 No Cost

WEAVER STREET RECREATION CENTER
Oct 31 M 8am-5pm

# CONNECT WITH US



# Durham Parks Foundation.org

### Why a park foundation?

### Fundraising and accepting donations

Private donors often like to give to the private sector because they have more control of how their money will be spent.

### Grant writing and management

Many foundations only accept applications from 501(c)3 non-profit organizations.

### Efficiency and flexibility

Foundation funding would allow for purchasing equipment, hiring repair crews, and increasing programming opportunities on an asneeded or emergency basis.

### Advocacy

Volunteers have more freedom to speak out for budget increases, increased security, or in favor of acquiring new parkland, while a parks department works within the city's adopted priorities.

### **Community ties**

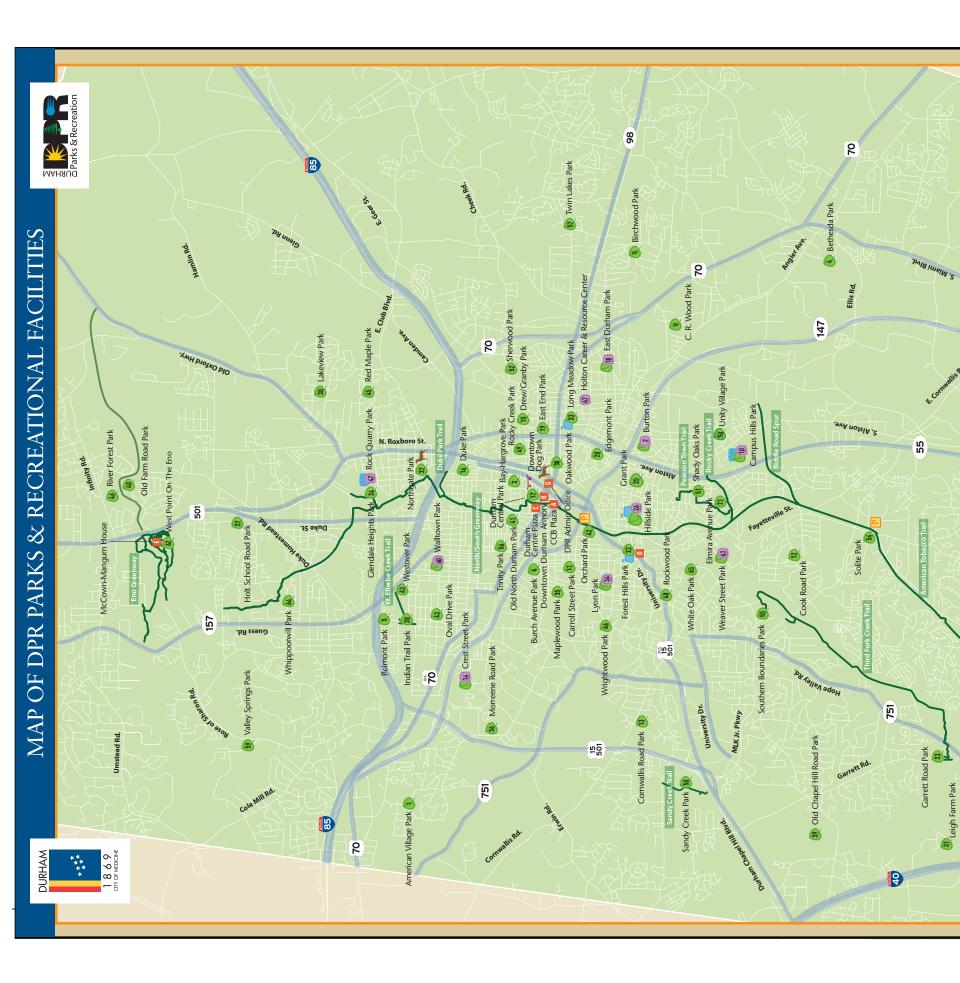
A non-profit foundation has strong credibility with residents and local institutions.

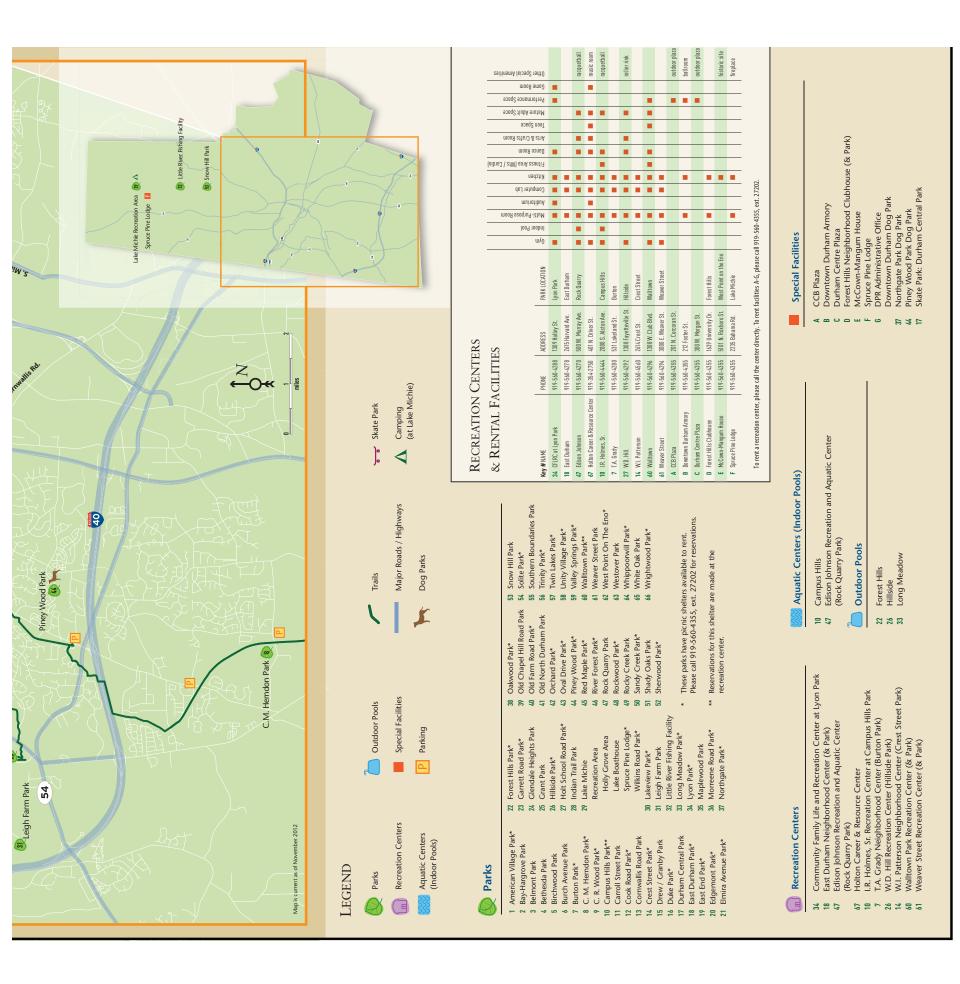
### Consistent leadership

A mature nonprofit conservancy or friends group can sometimes provide more continuous leadership than public officials.

email Annette.Smith@durhamnc.gov to make your donation.

eman Ametic.Smith@duffialmic.gov to make your donation







### **FITNESS**

### **SHORTY SPORTY ACTIVITIES**

### **Kiddie Kickers Soccer**

The kids will learn the basics of soccer dribbling, passing, receiving and shooting. They will learn more about teamwork and playing as part of a group. Our instructors will keep the atmosphere fun and non-competitive, making sure that all the kids feel good about their abilities.

Age: 3-5

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24582 Sep 14-Oct 19 10am-11am

### Shorty Sporty All Stars

Want to try several sports? Shorty Sporty All Stars lets you experience different sports and games.

Age: 3-5

CR PC \$6.50; CR NPC \$7.50

NCR PC \$11.25; NCR NPC \$12.50

WALLTOWN PARK RECREATION CENTER

#24518 Nov 2-Dec 14 W 5:30pm-6:15pm 5:30pm-6:15pm

#24520 Nov 7-Dec 12 Μ

### Shorty Sporty Tumbling

This class is for students interested in focusing on tumbling. Participants will be learning basic tumbling skills such as forward/backward rolls, cartwheels and hand/headstands.

Age: 3-5

CR PC \$6.50; CR NPC \$7.50

NCR PC \$11.25; NCR NPC \$12.50

WALLTOWN PARK RECREATION CENTER

5:30pm-6:15pm Sep 12-Oct 17 5:30pm-6:15pm #24517 Sep 14-Oct 19



### WELLNESS & FITNESS DROP IN ACTIVITIES

FEES LISTED ARE PER DAY

Age: 18-54

CR PC \$3.60; CR NPC \$4; NCR PC \$8.10; NCR NPC \$9

Age: 55 and better

CR PC \$2.70; CR NPC \$3; NCR PC \$7.20; NCR NPC \$8

### 20 20 20 Fit Circuit

Have fun as you engage in full body circuit style exercise routines that range from low to high intensity, interspersed with rest periods. You will have exercise periods of 20 minutes with resistance bands, 20 minutes with light dumbbells and 20 minutes utilizing your own weight. The goal of the class is to improve your cardiovascular stamina, flexibility and core strength.

W.D. HILL RECREATION CENTER

#24883 Sep 8-Dec 15

6:15pm-7:15pm

### ABA (Abs, Buns, Arms)

This strength based class focuses on the abdominals, gluteus, triceps, biceps and shoulders. A variety of equipment will be used. Join us and tone these key parts of your body for a better look and fit.

I.R. Holmes, Sr. Recreation Center

#24811 Sep 6-Dec 20 Tu 6:15pm-7:15pm

### **African Cardio Blast**

African Cardio Blast offers a unique workout that includes dance movements from various regions of the African continent. A drummer accompanies the workout. There are benefits to be gained for persons of all fitness levels. Multi-use and monthly wellness passes available.

W.D. HILL RECREATION CENTER

#23726 Sep 3-Nov 26 Sa 11:15am-12:15pm

### **Cardio Kickboxing**

Kick up your fitness routine with Cardio Kickboxing! This class combines kicks and punches into a high-energy aerobic workout that increases your level of endurance, strength, and flexibility. If you are seeking a fun-filled, powerful workout, this class is where you need to be! Multi-use and monthly wellness passes available.

WALLTOWN PARK RECREATION CENTER

#23778 Sep 12-Dec 12 M 7:30pm-8:30pm

### C-Fit Toning and Fat Burning Combo

C-fit isn't the short-term fix but the long-term solution to a healthy and fit lifestyle! We'll provide nutrition tips at the end of each class.

WALLTOWN PARK RECREATION CENTER

#23780 Sep 7-Dec 14 6:15pm-7:15pm

### Dance Fusion

Not your typical aerobics class, Dance Fusion is a highenergy, high-impact cardio mix of aerobics and dance. Dance routines are to popular music. Dance Fusion will get your heart pumping, blood flowing, and body jumping. Come out and dance to the beat as you lose weight. Multi-use and monthly wellness passes available.

WALLTOWN PARK RECREATION CENTER

#23767 Sep 7-Dec 14 11am-12:30pm

M 6:15pm-7:15pm

### Davtime Yoga

Join the masses who have discovered the wonders of yoga! This popular form of exercise offers both physical and mental benefits. Please bring a yoga mat to class. Multi-use and monthly wellness passes available.

I.R. HOLMES, SR. RECREATION CENTER

#24806 Sep 12-Dec 29 M,Th 12pm-1pm

Join the masses who have discovered the wonders of yoga! This popular form of exercise offers both physical and mental benefits. Please bring a yoga mat to class. Multi-use and monthly wellness passes available.

WALLTOWN PARK RECREATION CENTER

#23769 Sep 7-Dec 14 M,W 12pm-1pm

### H.A.B.I.T. Training

Come and join us in this training class where we will focus on your Hips, Abs, Buns and Incredible Thighs. This is one HABIT your body will thank you for!

WALLTOWN PARK RECREATION CENTER

#23774 Sep 1-Dec 15 12pm-1pm Tu,Th

### Oriental Dance

Come join a fun filled class that incorporates Zumba like moves and Oriental dance moves together. You will truly enjoy the combination!

WALLTOWN PARK RECREATION CENTER

#23765 Sep 1-Dec 15 11am-12pm

### **OULA**

OULA is a high-energy, calorie burning, crazy-fun dance workout to Top 40 hits. Classes are one epic hour of sweat, joy, and total inspiration! OULA is Dancemania for the Soul!

WALLTOWN PARK RECREATION CENTER

Sep 1-Dec 15 6:15pm-7:15pm

PLEASE NOTE: MATURE ADULT FITNESS PROGRAMS CAN BE FOUND ON P. 33-36. PLAY MORE DURHAM PARKS AND RECREATION 2



### FITNESS continued

### **Soulful Line Dancing**

Soulful Line Dance is a fun, exciting way to dance your way to fitness. Exercise your body and mind by dancing to lively upbeat music of the 1970's, 80's, and 90's. This class will combine low, moderate and high energy line dance routines that will help you burn calories. No previous dance experience is necessary.

W.D. HILL RECREATION CENTER #24888 Sep 8-Dec 15 Th

6:15pm-7:15pm

### Spin 1.0

A Spin class is a great way to mix up your routine and challenge your body in a different way. You'll burn a lot of calories and vibe out to motivating music during your workout. Come join us for a great ride and super fun in the comfortable indoors.

I.R. HOLMES, SR. RECREATION CENTER

#24869 Sep 9-Dec 16 F 10am-11am

### **Spinning Class**

A spin class is a great way to mix-up your routine and challenge your body in a different way. You'll get a good sweat going with the high energy vibe and invigorating music. Spinning burns calories quickly, provides a safe ride in the comfort of the indoors, and is super fun! Bring a towel and a water bottle.

**EDISON JOHNSON RECREATION CENTER** 

#24156 Sep 7-Jan 2 M,W 6:15pm-7:15pm

### Zumba

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high-energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries. Multi-use and monthly wellness passes available.

Edison Johnson Recreation Center

#24154 Sep 6-Dec 29 Tu,Th 6:15pm-7:15pm

I.R. HOLMES, SR. RECREATION CENTER

#24803 Sep 12-Dec 19 M 6:15pm-7:15pm

W.D. HILL RECREATION CENTER

#23727 Sep 6-Nov 29 Tu 6:15pm-7:15pm

WALLTOWN PARK RECREATION CENTER

#23770 Sep 6-Dec 14 W 6:15pm-7:15pm

Tu 7:15pm-8:15pm

### **Zumba Toning**

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high-energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries. Multi-use and monthly wellness passes available.

I.R. HOLMES, SR. RECREATION CENTER

#24807 Sep 8-Dec 22 Th 6:15pm-7:15pm

### WELLNESS CENTERS

FEES LISTED ARE PER DAY

Multi-visit and extended use passes are available for purchase on a Play More Card at a discounted rate.

### **Edison Johnson**

Come and work out in our Fitness Room at Edison Johnson! We offer a variety of equipment including treadmills, recumbent and upright bikes, and elliptical trainers. We also have dumbbells and stability balls. See the hours of operation below. Please bring your own towel. Orientations to the Fitness Room are available by appointment only.

Age: 18-54

CR PC \$3.60; CR NPC \$4; NCR PC \$8.10; NCR NPC \$9

Age: 55 and better

CR PC \$2.70; CR NPC \$3; NCR PC \$7.20; NCR NPC \$8

EDISON JOHNSON RECREATION CENTER

 Sep 1-Dec 31
 M-Th
 8:30am-5:30pm

 M-Th
 7:30pm-9pm

 F
 8:30am-8pm

 Sa
 8:30am-1pm

 Sa
 3pm-6pm

 Su
 3pm-6pm

### **Holton Career and Resource Center**

The fitness center at Holton offers treadmills, recumbent bikes and elliptical machines for cardio workouts. Free weights and other strength training equipment are available for strength workouts.

Age: 18-54 CR \$0

NCR PC \$8.10; NCR NPC \$9

Age: 55 and better

CR \$0

NCR PC \$7.20; NCR NPC \$8

HOLTON CAREER AND RESOURCE CENTER

Sep 1-Dec 22 M-Sa 10am-3pm M-F 5:30pm-8:30pm Sun 1pm-5pm

### Walltown Fitness Area

Workout at Walltown! We offer a variety of equipment in a small, private setting. Perfect for getting started with a new workout or maintaining your current program. Treadmills, recumbent bikes, jump ropes and upper body cycles are available for your cardio workout. Universal weight machines, medicine balls, and stability balls are available for your strength workouts.

Age: 18-54

CR PC \$3.60; CR NPC \$4; NCR PC \$8.10; NCR NPC \$9 Age: 55 and better

CR PC \$2.70; CR NPC \$3; NCR PC \$7.20; NCR NPC \$8 WALLTOWN PARK RECREATION CENTER

 Sep 1-Dec 31
 M-Th
 8:30am-9pm

 F
 8:30am-10pm

 Sa
 8:30am-6pm

 Sun
 1pm-6pm

### Campus Hills

Come and work out in our Wellness Center at Campus Hills! We offer a variety of equipment in a small, private setting; perfect for getting started with a new work out, or maintaining your current program. Treadmills, recumbent bikes, jump ropes, and BOSU Balance Trainers are available for your cardio workout. Free weights, machines, medicine balls, and stability balls are available for your strength workouts.

Age: 18-54

CR PC \$3.60; CR NPC \$4; NCR PC \$8.10; NCR NPC \$9 Age: 55 and better

CR PC \$2.70; CR NPC \$3; NCR PC \$7.20; NCR NPC \$8 I.R. Holmes, Sr. Recreation Center

Sep 1-Dec 31 M,W,F 6am-8:30pm M-F 12pm-8pm Sa 9am-1pm





### FITNESS continued

### Winter Break Daytime Teen Open Gym

Age: 13-18 No Cost

Edison Johnson Recreation Center #24813 Dec 19 M 12:30pm-5:30pm 12:30pm-5:30pm #24814 Dec 20 Tu W 12:30pm-5:30pm #24815 Dec 21 Th 12:30pm-5:30pm #24816 Dec 22 #24817 Dec 27 Tu 12:30pm-5:30pm #24819 Dec 28 W 12:30pm-5:30pm 12:30pm-5:30pm #24830 Dec 29 Th #24832 Dec 30 12:30pm-5:30pm

### **Adult Open Gym**

Got game? Bring it to open gym. A facility attendant will be present to organize the games.

Age: 18 and up CR \$0; CR NPC \$0 NCR PC \$8.10: NCR NPC \$9

HOLTON CAREER AND RESOURCE CENTER

#24186 Sep 7-Dec 21 W 7pm-8:45pm

Age: 18 and up

CR PC \$3.60; CR NPC \$4 NCR PC \$8.10; NCR NPC \$9

W.D. HILL RECREATION CENTER #24877 Sep 3-Nov 19 Sa

WALLTOWN PARK RECREATION CENTER

#23754 Sep 7-Dec 14 W 6pm-9pm

### Adult Open Gym Volleyball

Got game? Bring it to open gym. A facility attendant will be present to organize the games.

4pm-6pm

Age: 18 and up Age: 18-54

CR PC \$3.60; CR NPC \$4; NCR PC \$8.10; NCR NPC \$9

Age: 55 and better

CR PC \$2.70; CR NPC \$3; NCR PC \$7.20; NCR NPC \$8

WALLTOWN PARK RECREATION CENTER

#23756 Sep 4-Dec 18 Sun 1pm-6pm

### **Mature Adult Basketball**

Age: 55 and better CR \$0; CR NPC \$0 NCR PC \$0; NCR NPC \$8

HOLTON CAREER AND RESOURCE CENTER

#24363 Sep 7-Dec 28 W 5pm-6:45pm

### **OPEN GYM**

Got game? Bring it to open gym. A facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate.

### Youth Open Gym

Age: 6-12

HOLTON CAREER AND RESOURCE CENTER

Sep 3-Oct 22 Sa 10am-1pm

WEAVER STREET RECREATION CENTER

Sep 3-Dec 31 Sa 1pm-6pm

### Teen Open Gym

Age: 13-17 No Cost

HOLTON CAREER AND RESOURCE CENTER

 Sep 3-Oct 22
 Sa
 2pm-5:30pm

 Sep 4-Dec 18
 Sun
 1:30pm-5:30pm

 Sep 6-Oct 20
 Tu
 6pm-9pm

 Sep 8-Dec 29
 Th
 6pm-9pm

 Nov 5-Dec 17
 Sa
 3pm-5:30pm

I.R. HOLMES, SR. RECREATION CENTER

Sep 7-Dec 23 M,W,F 4pm-6pm Sun 1:45pm-4:45pm

WALLTOWN PARK RECREATION CENTER

Sep 4-Dec 18 Sun 1pm-2:30pm

### Teen Open Gym

Age: 13-18

CFLRC AT LYON PARK

 Sep 1-Dec 29
 Th
 6:30pm-8:30pm

 Sep 3-Dec 17
 Sa
 3pm-6pm

 Sep 6-Oct 25
 Tu
 6:30pm-8:30pm

 Sep 8-Dec 29
 Th
 6:30pm-8:30pm

Edison Johnson Recreation Center

 Sep 2-Dec 30
 F
 6:15pm-9pm

 Sep 4-Dec 18
 Sun
 2pm-4pm

WEAVER STREET RECREATION CENTER

 Sep 1-Dec 29
 Th
 6pm-9pm

 Sep 6-Dec 27
 Tu
 6pm-9pm

 Sep 7-Oct 19
 W
 6pm-9pm

 Sep 12-Oct 17
 M
 6pm-9pm

### WALKING

On your mark, get set, GO! Walking is one of the most common forms of exercise. You walk every day, so why not come into our climate-controlled facility and enjoy a nice walk? Rain or shine, it doesn't matter how the weather is - if we're open, you can WALK. So grab a friend, tie your shoes, and get ready to walk away the pounds!

Age: 18 and up No Cost

EDISON JOHNSON RECREATION CENTER

#24159 Sep 1-Dec 30 M-F 8:30am-10am M-F 6:30pm-8pm

HOLTON CAREER AND RESOURCE CENTER

#24179 Sep 1-Dec 22 M-Sa 9am-5pm Sun 1pm-5pm

Age: All Ages No Cost

W.D. HILL RECREATION CENTER

#24878 Sep 12-Jan 13 M-Th 8:30am-9pm F 8:30am-10pm

WALLTOWN PARK RECREATION CENTER

#23755 Sep 1-Dec 31 M-Th 8:30am-9pm F 8:30am-10pm Sa 8:30am-6pm Sun 1pm-6pm

### Walk with Ease

Walk with Ease is a fitness program that can reduce pain associated with arthritis and improve overall health. The program includes education sessions, warm-up and cool-down stretches. The benefits to you are: to motivate yourself to get in shape, walk safely and comfortably, improve your strength, flexibility, and stamina, and reduce pain and feel great. Course instructors are certified by the National Arthritis Foundation Age: 21 and up

No Cost

CFLRC AT LYON PARK

#23684 Oct 3-Nov 14 M,W,F 11am-12pm





### FITNESS continued

### **DROP-IN FITNESS CLASSES**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 a.m10 a.m.	Mature Adult Fitness Edison Johnson	Get Fit with Style for Mature Adults Campus Hills	Mature Adult Fitness Edison Johnson	Get Fit with Style for Mature Adults Campus Hills	Mature Adult Fitness Edison Johnson	
			Line Dancing for Mature Adults Campus Hills			
10 a.m11 a.m.					<b>Spin 1.0</b> Campus Hills	
11 a.m11:40 a.m.				Gospel Movement for Mature Adults Lyon Park		
11 a.m12:00 p.m.			Line Dancing for Mature Adults Walltown	<b>Oriental Dance</b> Walltown		
11 a.m12:30 p.m.			<b>Dance Fusion</b> Walltown			
11:15 a.m 12:15 p.m.						African Cardio Blast W.D. Hill
12 p.m 1 p.m.	<b>Yoga</b> Walltown	H.A.B.I.T. Training Walltown	<b>Yoga</b> Walltown	H.A.B.I.T. Training Walltown		
	<b>Daytime Yoga</b> Campus Hills			<b>Daytime Yoga</b> Campus Hills		
6:15 p.m 7:15 p.m.	<b>Zumba</b> Campus Hills	<b>Zumba</b> Edison Johnson	<b>Zumba</b> Walltown	<b>Zumba</b> Edison Johnson		
	<b>Spinning</b> Edison Johnson		<b>Spinning</b> Edison Johnson	OULA Walltown		
	<b>Dance Fusion</b> Walltown	ABA Campus Hills	C-Fit Walltown	Zumba Toning Campus Hills		
		<b>Zumba</b> W.D. Hill		<b>20 20 20 Fit Circuit</b> W.D. Hill		
				Soulful Line Dancing W.D. Hill		
7:15 p.m8:15 p.m.		<b>Zumba</b> Walltown				
7:30 p.m 8:30 p.m.	Cardio Kickboxing Walltown					

Campus Hills Edison Johnson Holton Walltown W.D. Hill Lyon Park

PLAY MORE **DURHAM PARKS AND RECREATION** 

### FITNESS continued

# **Get fit**

### with Durham Parks and Recreation





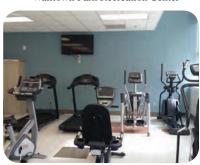
I.R. Holmes, Sr. Recreation Center at Campus Hills



Edison Johnson Recreation Center



Walltown Park Recreation Center



Holton Career & Resource Center

Check out DPR's fitness facilities, fitness classes and the DPR Wellness Package!

### **DPR Wellness Package**

Work out at any of our centers and take fitness classes for an affordable monthly price with DPR's wellness package.

### **DPR Wellness Package**

- Unlimited land-based group fitness and mind/body classes
- Use of weights and fitness equipment
- Open gym
- Use of the gymnasium (when available)
- · Can be used at any DPR recreation center

City Residents: \$20 per month

Non-city Residents: \$25 per month (with purchase of a Play More Card)

DPR Wellness Pass is for ages 18 and up.

\*Additional fees apply for the use of aquatics facilities and participation in some of the other classes, activities and team sports listed in Play More.

### + Add an Open Swim Package

Includes everything included in the DPR Wellness Package, PLUS recreational and lap swim in the indoor aquatic centers.

City Residents: \$40 per month Non-City Residents: \$55 per month

### Just want to come for a day?

### **Daily Activity Pass**

General admission to indoor pools • Drop-in exercise programs • Open gym • Use of exercise equipment at any DPR facility

Youth, Teen, Mature Adult: CR PC: \$2.70; CR NPC: \$3, NCR PC \$7.20; NCR NPC \$8

Adult: CR PC: \$3.60; CR NPC: \$4; NCR PC \$8.10; NCR NPC \$9 Family: CR PC: \$8.10; CR NPC: \$9; NCR PC \$12.60; NCR NPC \$14



Edison Johnson Aquatic Center



Campus Hills Pool

# **Personal Benefits**

Fun • Play & Imagination • Creativity & Innovation • Self Expression & Spontaneity • Balanced Lifestyle • Fitness & Wellness • Get Energized • Learning & Experience Something New • Develop Life & Job Skills

The Benefits of

**Parks and Recreation** A Strong Parks and Recreation System is

essential for thriving, livable neighborhoods

• Grow Knowledge • Positive Role Models • Foster Relationships & Inclusion • Create Memories

### **Environmental Benefits**

Beauty • Improve Air & Water Quality • "Smart Growth" Planning & Development Principles • Conserve Energy & Water • Preserve Ecosystem & Urban Forest • Promote Recycling • Access to Distinctive Landscapes • Promote Community Service & Pride • Environmental & Wildlife Education • Protect & Conserve Natural Resources • Importance of Protecting Biodiversity

### **Social Benefits**

Responsibility • Community Pride & Participation • Volunteerism • Positive Diversions & Gatherings • Caring & Accessible • Security • Strong Communities • Neighborhood Sustainability • Richness of Diversity • Increase Cultural Identity & Unity • Strengthen Existing Bonds • Leverage Resources

### **Economic Benefits**

Productivity • Viable Business Environment • Support for the Working Family • Personal Rejuvenation • Attract Visitors • Activities & Events • Historic Preservation • Job Training & Work Opportunities • Attract & Retain Workforce • Enhance Natural Amenities • Promote Economic Investment • Attract and Retain Retirees

PLAY MORE DURHAM PARKS AND RECREATION 3



### **LEISURE AND SOCIAL**

# PRESCHOOL ACTIVITIES AND SOCIALS Kid-O-Cize

Up, Down, Turn Around, time to Move! Preschoolers will run, play and stretch to music and burn lots of energy. Come join the fun and Kid-O-Cize!

Age: 1-5

CR PC \$6.50; CR NPC \$7.50 NCR PC \$11.25; NCR NPC \$12.50

WALLTOWN PARK RECREATION CENTER

#23851 Sep 20-Oct 25 Tu 10am-10:45am

### Mess Makers

Parents will pair with their preschooler for arts, crafts music and movement. Get energized moving to the music. Have fun and explore your inner artist with markers, paint, glitter and glue. After each class you will have a project to take home. Age: 1-5

CR PC \$6.50; CR NPC \$7.50 NCR PC \$11.25: NCR NPC \$12.50

WALLTOWN PARK RECREATION CENTER

#23852 Nov 8-Dec 13 Tu 10am-10:45am

### Storytime in the Park

Join us as we listen to stories, play and explore some of our local parks! This program offers a lively mix of stories and rhymes for your toddler to enjoy. They'll also learn exciting new games to play and make new friends in their neighborhood. Healthy, fun snacks will be provided. Comfortable clothing and shoes are recommended. Preregistration is required.

Age: 1-5

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

#23953 Sep 14-Oct 19 W 12pm-1pm

Sep 14 WALLTOWN PARK

Sep 21 OVAL DRIVE PARK

Sep 28 DUKE PARK

Oct 5 INDIAN TRAIL PARK

Oct 12 BELMONT PARK

Oct 19 NORTHGATE PARK

### **Register early!**

If you wait until the last minute to register, the class you want to take may be full or it may be cancelled it enrollment is low. You could make the difference!

### **Total Tot Time**

Come and play with your children in the gym! The emphasis of this program is placed on socialization with parent and child as well as on socializing with other 1-5 year olds. Play with a parachute, crawl through tunnels, jump rope, bowl or play tag! Age: 1-5

No Cost

CFLRC AT LYON PARK

 Sep 1-Dec 29
 Th
 10:15am-11:15am

 Sep 6-Dec 27
 Tu
 10:15am-11:15am

**EDISON JOHNSON RECREATION CENTER** 

 Sep 1-Dec 29
 Th
 10:15am-12:15pm

 Sep 6-Dec 27
 Tu
 10:15am-12:15pm

HOLTON CAREER AND RESOURCE CENTER

 Sep 7-Dec 21
 W
 10am-12pm

 Sep 8-Dec 22
 Th
 10am-12pm

WALLTOWN PARK RECREATION CENTER

 Sep 2-Dec 16
 F
 10am-12pm

 Sep 12-Dec 12
 M
 10am-12pm

### **Cookies with Santa**

This year, avoid the long lines at the mall, and bring your kids to meet Santa at our recreation center. We will provide a digital photo of each child with Santa (will be emailed to you), cookies and milk, and a holiday art project. You may bring your own camera for additional photos. Ho, ho, ho!

Age: 2-12

CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50

I.R. HOLMES, SR. RECREATION CENTER

#24053 Dec 7 W 10am-11:15am #24056 Dec 7 W 5:30pm-7pm

### Fire Safety

Has your child ever wondered what it is like to fight a fire? At this event, they can meet local firefighters and see the equipment they use, including a fire truck! Your tot will also learn some important fire safety tips.

Age: 2-5

CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50

I.R. HOLMES, SR. RECREATION CENTER

#24054 Nov 9 W 10am-11:15am

### **Preschool Costume Ball**

It's pretend time at the Costume Ball! Please have your preschooler come dressed as his/her favorite character. Children will enjoy crafts, sing-a-longs and a light snack. Age: 2-5

CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50

I.R. HOLMES, SR. RECREATION CENTER

#24052 Oct 12 W

7 10am-11:15am



### Swim with the Fish

Get ready to make a splash! Bring your preschooler and join us in an underwater adventure with crafts and songs. Let's not forget about the water! Continue in the pool where you and your little ones get to swim around like fish, so come ready for water fun!

Age: 2-5

CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50

I.R. HOLMES, SR. RECREATION CENTER

#24022 Sep 7 W 10am-11:15am

### **Tumbling Tots**

Tots will enjoy routines that allow your child to develop and increase athletic ability, social skills and work on self-esteem early.

Age: 2-5

CR PC \$3.50; CR NPC \$4.50 NCR PC \$8.50; NCR NPC \$11

I.R. Holmes, Sr. Recreation Center

#24406 Sep 7-Oct 12 W 9am-9:30am #24407 Oct 26-Nov 30 W 9am-9:30am

### **Fairy Tale Adventures**

Come learn, explore and talk about your favorite fairy tales. Join us in the Happily Ever after fun!

Age: 3-5

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#23915 Sep 24-Oct 29 Sa 10am-11am #23817 Nov 3-Dec 15 Th 10am-11am



### LEISURE AND SOCIAL continued

### **Muddy Boots**

Adventure in nature with your preschooler at West Point on the Eno. We'll read a nature-themed book, then take a walk on the wild side to find the nature right outside our door. Children must be accompanied by a parent, and of course, wear boots or sneakers that can get a little dirty!

Age: 2-5

CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50

SANDY CREEK PARK

#23598 Tu 10am-11am Sep 27 10am-11am #23599 Oct 25 Tu 10am-11am #23602 Nov 5 Sa

### **Holiday Hijinx**

Have your toddler help us celebrate the holiday season and the start of winter. Enjoy story time, music, crafts and refreshments with this fun event.

Age: 3-5

CR PC \$2: CR NPC \$3 NCR PC \$7: NCR NPC \$8

WALLTOWN PARK RECREATION CENTER

#23884 Dec 16 10am-12pm

### Spooky Shenanigans

You will be spooked with the morning we have planned for your toddler(s). We will have arts and crafts, story time, music, light refreshments and so much fun. Come join the festivities. Age: 3-5

CR PC \$2; CR NPC \$3

NCR PC \$7; NCR NPC \$8

WALLTOWN PARK RECREATION CENTER

#23882 Oct 26 W 10am-12pm

### Superhero to the Rescue

Find out what it takes to be the best superhero the world has ever seen! Your child will develop their superhero skills by creating a costume, theme song, name and more! They'll also learn about everyday heros and what it means to be super without the cape!

Age: 3-5

CR PC \$8; CR NPC \$9

NCR PC \$12.50: NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#23937 Nov 2-Dec 14 10am-11am W

### **Kid Fit**

This instructor-led program provides young children with fun exercises and energetic games designed to promote health and fitness. Kids will participate in activities which emphasize strength, flexibility, balance, and agility. They will skip, jump, hop and dance their way to an active lifestyle!

10am-11am

Age: 3-6 No Cost

**EDISON JOHNSON RECREATION CENTER** 

#24643 Nov 18 F

### **OUTINGS AND FIELD TRIPS**

### Mystery Trip

Up for a surprise? Come join us on a trip somewhere in the Triangle. This trip is a mystery to the participants, find out where we're going when we arrive!

Age: 18 and up

CR PC \$5; CR NPC \$6;

NCR PC \$10; NCR NPC \$11

WALLTOWN PARK RECREATION CENTER

#23783 Oct 12 W 10am-3pm

### **Teen Night**

Have nothing to do on a Friday? Looking for a safe and relaxing atmosphere? Look no further! Come out to play basketball, PS2, surf the Internet, learn to dance and much more. Participants 18 years old will be asked to present a valid high school ID in order to participate.

Age: 13-17

No Cost

HOLTON CAREER AND RESOURCE CENTER

Sep 2-Dec 16 7pm-10pm

Age: 13-18 No Cost

CFLRC AT LYON PARK

#24725 Sep 2-Dec 16 F 6pm-10pm

W.D. HILL RECREATION CENTER

Sep 2-Dec 30 6pm-10pm

WALLTOWN PARK RECREATION CENTER

Sep 2-Dec 16 7pm-10pm

WEAVER STREET RECREATION CENTER

Sep 2-Dec 3 6pm-10pm

### OPEN REC

### Teen Open Rec

Age: 13-18 No Cost

CFLRC AT LYON PARK

Nov 1-Dec 27 Tu 6:30pm-8:30pm

W.D. HILL RECREATION CENTER

Sep 6-Dec 27 Tii 6pm-8pm

### Youth Game Room

Age: 6-12

No Cost

WEAVER STREET RECREATION CENTER

#24077 Sep 1-Dec 29

M-Th

6pm-7:30pm

### Open Rec

Age: 6-17 No Cost

HOLTON CAREER AND RESOURCE CENTER

Sep 6-Dec 20 Tu 6pm-8pm Sep 7-Dec 21 W 6pm-8pm Sep 8-Dec 22 Th 6pm-8pm Sep 12-Dec 19 Μ 6pm-8pm

### **Table Tennis Tournament**

The Campus Hills Table Tennis Tournament welcomes both recreational and competitive players. The event will begin with round robin competition to establish competition flights. This will be followed by a tournament for each level of competition. Trophies will be awarded to winners at each level.

Age: 18 and up

CR PC \$15.25; CR NPC \$17 NCR PC \$19.75: NCR NPC \$22

I.R. Holmes, Sr. Recreation Center

#24871 Dec 4 1pm-6pm

### GAMING

### XBOX1 NBA 2K Tournament

Think you got what it takes to climb the ranks on the sticks? Come prove it playing NBA 2K at the Walltown NBA 2K Tournament.

Age: 13-17 No Cost

WALLTOWN PARK RECREATION CENTER

#23782 Oct 19 2pm-5pm

### XBOX1 Madden Tournament

Think you got what it takes to climb the ranks on the sticks? Come prove it playing Madden at the Walltown Madden Tournament.

Age: 13-17 No Cost

WALLTOWN PARK RECREATION CENTER

#23781 Nov 8 2pm-5pm

### Did you know you can register online?



### **MARTIAL ARTS**

### MARTIAL ARTS Chinese Shotokan Karate-Beginner

This class will combine the basic blocks, kicks, and punches of traditional karate with the self-defense techniques of Chinese Shotokan Karate. Strength, focus, coordination, assertiveness and self-discipline are only a few benefits of the martial arts - they're also a great way to have fun! Once you've learned the basic techniques, you'll put them to work in drills, games, tournament-style sparring, and street defense scenarios. Please wear loose, comfortable clothing.

Age: 6-14

CR PC \$16.25; CR NPC \$18 NCR PC \$20.75; NCR NPC \$23

Edison Johnson Recreation Center

6pm-7pm #24636 Sep 12-Oct 20 M,Th #24635 Nov 3-Dec 15 M.Th 6pm-7pm

Age: 14 and up CR PC \$43.25; CR NPC \$48

NCR PC \$56.75; NCR NPC \$63

Edison Johnson Recreation Center

7:15pm-8:15pm #24639 Sep 12-Oct 20 M.Th #24640 Nov 3-Dec 15 M,Th 7:15pm-8:15pm

### Tai Chi

We will learn the Tai Chi Yang Short Form to promote a calm, focused mind and improve mind-body coordination. See why this is also called "Meditation in motion." All skills levels welcome.

Age: 16 and up

CR PC \$27: CR NPC \$30 NCR PC \$40.50: NCR NPC \$45

Edison Johnson Recreation Center

#24638 Sep 21-Oct 26 7pm-8pm

Age: 18 and up

CR PC \$27: CR NPC \$30

NCR PC \$40.50: NCR NPC \$45

Edison Johnson Recreation Center

#24637 Nov 9-Dec 21

7pm-8pm

### **Martial Arts**

Join us for a kickin' good time as kids learn martial arts and self defense. Children also benefit from anti-bully and antiabduction skills while building self confidence, coordination and balance. They will enjoy lots of social interaction through fun games. This fun-filled, skill building program will focus on many aspects of self-defense for children.

Age: 5-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24544 Sep 17-Oct 22 Sa 10:45am-11:45am #24545 Nov 5-Dec 17 10:45am-11:45am

### Korean Karate

Participants learn self-defense, stress management and physical fitness through controlled movements. Additional fees will apply for uniforms, testing, and belts.

Age: 6 and up

CR \$0; CR NPC \$0

NCR PC \$12.50; NCR NPC \$14

HOLTON CAREER AND RESOURCE CENTER

#24080 Sep 1-Oct 6 Th 6pm-7pm

#24081 Oct 13-Nov 17 Th 6pm-7pm

### Akido

This introductory course opens the door to increased flexibility and self-defense, focusing on ways to avoid and end conflict. You'll learn how to redirect your energy through stretching, breathing, rolling and basic techniques.

Age: 7-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24589 Nov 5-Dec 17 2pm-3pm

### Tae Kwon Do

The martial art of Tae Kwon Do teaches self-defense, physical fitness, self- control, clarity of thought, focus and confidence. The class offers a fun approach for kids to engage in an activity that promotes their growth and development. Additional fees will apply for uniforms, testing, and belts.

Age: 8-12

CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11

W.D. HILL RECREATION CENTER

#23710 Sep 2-Sep 23 F 6:15pm-7:15pm #23711 Oct 7-Oct 28 F 6:15pm-7:15pm #23712 Nov 4-Dec 2 F 6:15pm-7:15pm



### MATURE ADULT CHOIR

This class is for all mature adults who like to sing. Age: 55 and better

No Cost

HOLTON CAREER AND RESOURCE CENTER

#24360 Sep 6-Dec 27 12:30pm-1:30pm

# MATURE ADULT PROGRAMS

### MATURE ADULT DANCE

Our dance experience is designed to develop participants to the maximum of their ability. Participants will be able to control body movement and extend the range of movement as they gain technical ability.

### **Square Dancing**

Ready for a fun, energetic morning, dancing with friends? This program offers basic square dancing and line dancing for mature adults. Bringing a partner is helpful, but not necessary. Age: 55 and better

CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17

Edison Johnson Recreation Center

#24158 Sep 6-Dec 27 Tu 9am-11am

Line dance refers to a range of choreographed routines danced in a group without partners. It's a great workout for the body and mind; participants will learn a limited number of basic level dances. No prior experience is required.

Age: 55 and better CR PC \$0; CR NPC \$3 NCR PC \$0: NCR NPC \$8

**Line Dancing** 

I.R. HOLMES, SR. RECREATION CENTER

#24798 Sep 7-Dec 21 9am-10am

WALLTOWN PARK RECREATION CENTER

#23663 Sep 7-Dec 28 11am-12pm

We support INCLUSION - Persons of all ability levels are welcome at every facility and every program.
CR PC: City Resident, Play More Card; CR NPC: City Resident, No Play More Card; NCR PC: Non-City Resident, Play More Card; NCR NPC: Non-City Resident, No Play More Card



### MATURE ADULT PROGRAMS continued

### MATURE ADULT FITNESS

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-style apparel. This is a drop-in exercise program, fees listed are per class. Age: 55 and better

CR PC \$0; CR NPC \$3 NCR PC \$0; NCR NPC \$8

Edison Johnson Recreation Center

#24622 Sep 2-Dec 30 M,W,F 9am-10am

### **Arthritis Exercise**

Do you feel pain and stiffness? Are you listening to what your body is telling you? It is telling you to come join us in an Arthritis Exercise Class to help loosen those joints and ease your pain. Learn many new techniques that will help keep you loose and limber. Wear comfortable, loose clothing and bring a bottle of water.

Age: 55 and better

CR PC \$0; CR NPC \$13.50 NCR PC \$0; NCR NPC \$18.50

WALLTOWN PARK RECREATION CENTER

#23662 Sep 26-Oct 24 M,W 10am-11am #23668 Oct 26-Nov 23 M,W 10am-11am #23669 Nov 28-Dec 28 M,W 10am-11am

### **Chair Exercise**

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-type apparel.

Age: 55 and better CR PC \$0; CR NPC \$14

NCR PC \$0: NCR NPC \$29

HOLTON CAREER AND RESOURCE CENTER

#23664 Sep 6-Oct 4 Tu,Th 10am-10:40am #24408 Oct 6-Nov 3 Tu,Th 10am-10:40am #24409 Nov 8-Dec 6 Tu,Th 10am-10:40am #24410 Dec 8-Dec 29 Tu,Th 10am-10:40am

Age: 55 and better CR PC \$0; CR NPC \$3 NCR PC \$0; NCR NPC \$8

W.D. HILL RECREATION CENTER

#24880 Sep 6-Nov 29 Tu 10am-11am

### **Get Fit with Style**

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and mobility. This high energy class incorporates dance moves and is geared for active mature adults. This is a drop-in exercise program, fees listed are per class.

Age: 55 and better CR PC \$0; CR NPC \$3 NCR PC \$0: NCR NPC \$8

I.R. HOLMES, SR. RECREATION CENTER

#24797 Sep 6-Dec 22 Tu

Tu,Th 9am-10am

### **Gospel Movement**

Do you enjoy gospel music? Do you enjoy moving your body? Come out and have some fun as we create physical movement inspired through gospel music. Wear comfortable, loose clothing and bring a bottle of water.

Age: 55 and better CR PC \$0; CR NPC \$9 NCR PC \$0; NCR NPC \$14 CFLRC AT LYON PARK

#24591 Sep 22-Nov 17 Th 11am-11:40am

Age: 55 and better CR PC \$0; CR NPC \$0 NCR PC \$0; NCR NPC \$12.50

HOLTON CAREER AND RESOURCE CENTER

#24593 Sep 12-Oct 24 M 10am-10:40am #24596 Oct 31-Dec 12 M 10am-10:40am

### Mature Adult Men On Weights

Men, it's time to put down the remote and take control of your health! This program is designed to teach you the proper usage of exercise machines, free weights, resistance bands, balls, Bosu, and more. You will learn exercise principles and improve your physical fitness. You will also learn how to design a personal exercise program to meet your goals.

Age: 55 and better CR PC \$8: CR NPC \$9

NCR PC \$12.50: NCR NPC \$14

I.R. HOLMES, SR. RECREATION CENTER

#24801 Sep 6-Oct 11 Tu 10am-11am #24802 Oct 25-Nov 29 Tu 10am-11am

### **Register early!**

If you wait until the last minute to register, the class you want to take may be full or it may be cancelled if enrollment is low. You could make the difference!

Want to give input on the Mature Adult programming offered by DPR, and help spread the word about our activities? Join the Mature Adult Council! Call 919-560-4296

### Mature Adult Women On Weights

Ladies - don't shy away from free weights and strength training! This program is designed to teach you the proper use of exercise machines, free weights, resistance bands, balls, Bosu, etc. You will build endurance, improve muscle tone, and learn exercise principles. You will also design a personal exercise program to meet your fitness goals.

Age: 55 and better CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14

I.R. Holmes, Sr. Recreation Center

#24799 Sep 12-Oct 17 M 10am-11am #24800 Oct 24-Nov 28 M 10am-11am

### Sr. Open Rec

Age: 55 and better No Cost

W.D. HILL RECREATION CENTER

#24879 Sep 3-Nov 19 Sa 11am-1pm

### Striving for a Purpose

This program offers an alternative way to get mature adults involved in fitness. Striving for a purpose will challenge mature adults to reach their daily amount of aerobic activity needed to sustain a healthy lifestyle. This program will also encourage mature adults to utilize the fitness centers offered throughout DPR.

Age: 55 and better

HOLTON CAREER AND RESOURCE CENTER

CR PC \$0; CR NPC \$0 NCR PC \$0; NCR NPC \$11

#24792 Sep 6-Sep 27 Tu 8:50am-9:50am

CR PC \$0; CR NPC \$0 NCR PC \$0; NCR NPC \$11

#24793 Oct 4-Oct 25 Tu 8:50am-9:50am

CR PC \$0; CR NPC \$0 NCR PC \$0; NCR NPC \$12.50

#24794 Nov 1-Nov 29 Tu 8:50am-9:50am

CR PC \$0; CR NPC \$0 NCR PC \$0; NCR NPC \$1

NCR PC \$0; NCR NPC \$1 #24795 Dec 6-Dec 27 Tu 8:50am-9:50am



### MATURE ADULT PROGRAMS continued

### MATURE ADULT OUTINGS

Do you enjoy spending time with your friends and making new ones? Then come on a local trip with DPR. Every month, we go bowling, to movies, enjoy special activities at centers, and much, much more. Join the group and share your favorite local activity - we will go together as a group. Pick up sites include Holton, Lyon Park, Edison Johnson, W.D. Hill, Walltown. Transportation pick-up from sites is 30 minutes prior to start time. Please contact recreation center staff to register and arrange for transportation. Transportation is an extra fee.

### Movies

You pick the movie you want to view. \$5 fee paid at movie theater includes movie, popcorn, and drink. Transportation is an extra fee.

Age: 55 and better

NORTHGATE MALL - PRIVATE

#23686 Sep 9 F 12:30pm-4pm #23687 Oct 14 F 12:30pm-4pm #23689 Dec 9 F 12:30pm-4pm

### MATURE ADULT SOCIALS

Whether you like playing games, arts and crafts, dancing, potlucks, or just spending time together, Mature Adult Socials is for you! Come join new and old friends for a variety of activities and the chance to socialize!

### **Arts and Crafts**

If you are interested in tapping into your creative side, we are offering various arts and crafts opportunities for mature adults, ages 55 and better. Instruction is provided; your only expense is the supplies. No experience necessary.

Age: 55 and better

HOLTON CAREER AND RESOURCE CENTER

#23614	Sep 6-Sep 27	Tu	10:45am-12:15pm
#23613	Oct 4-Oct 25	Tu	10:45am-12:15pm
#23612	Nov 1-Nov 29	Tu	10:45am-12:15pm
#23615	Dec 6-Dec 27	Tu	10:45am-12:15pm

### **Bid Whiz**

Experience a fun card game in great atmosphere. Come out and learn how to play and meet new friends.

Age: 55 and better

No Cost

WALLTOWN PARK RECREATION CENTER

#23637	Sep 6-Sep 27	Tu	4:30pm-8:30pm
#23638	Oct 4-Oct 25	Tu	4:30pm-8:30pm
#23639	Nov 1-Nov 29	Tu	4:30pm-8:30pm
#23657	Dec 6-Dec 27	Tu	4:30pm-8:30pm

### Bingo

Stop in and enjoy Bingo with others who love the game. Everyone is welcome!

Age: 55 and better

No Cost

Edison Johnson Recreation Center

#24628 Oct 7-Nov 4 F 11am-12:30pm

HOLTON CAREER AND RESOURCE CENTER

#23609	Sep 7-Sep 28	W	9:30am-12pm
#23610	Oct 5-Oct 26	W	9:30am-12pm
#23611	Nov 2-Nov 30	W	9:30am-12pm
#23617	Dec 7-Dec 28	W	9:30am-12pm

### **Breakfast Brunch**

Bring a breakfast dish! Enjoy breakfast food with friends and mingle with one another eating home-cooked breakfast dishes. Not only will you have a good time mingling and eating but also learning valuable aging and longevity news.

Age: 55 and better

HOLTON CAREER AND RESOURCE CENTER

#24359	Sep 2	F	9:30am-11:30am
#24358	Nov 4	F	9:30am-11:30am

### Bridge

Stop in and enjoy playing bridge with others who love the game.

Age: 55 and better

No Cost

EDISON JOHNSON RECREATION CENTER

#24623	Sep 1-Sep 29	Ίh	12pm-3pm
#24625	Oct 6-Oct 27	Th	12pm-3pm
#24624	Nov 3-Nov 17	Th	12pm-3pm
#24626	Dec 1-Dec 29	Th	12pm-3pm

### What's That and Why Should I Eat It?

Come join us to learn about the health benefits of various fruits and vegetables. Cooking tips, recipes and other educational materials will be provided. Stay for the Mature Adult Farmers' Market and receive free produce. Bringing your own bag is recommended, but not required. Takes place on the 3rd Thursday of the month.

Age: 55 and better

No Cost

HOLTON CAREER AND RESOURCE CENTER

#23650	Sep 15	Th	10:45am-11:15am
#23651	Oct 20	Th	10:45am-11:15am
#23652	Nov 17	Th	10:45am-11:15am
#24356	Dec 15	Th	10:45am-11:15am

### Farmers' Market

Durham Parks and Recreation and the Interfaith Food Shuttle have partnered to provide FREE fruits and vegetables for mature adults at the Holton Farmers' Market. These fresh fruits and vegetables are donated by local vendors. Note: Amount of fruit and vegetables individuals receive is determined by the produce donated that day. Bringing your own bag is recommended, but not required. Takes place on the 1st and 3rd Thursdays of the month.

Age: 55 and better

No Cost

HOLTON CAREER AND RESOURCE CENTER

#23619	Sep 1-Sep 15	Th	11:30am-12:30pm
#23620	Oct 6-Oct 20	Th	11:30am-12:30pm
#23628	Nov 3-Nov 17	Th	11:30am-12:30pm
#23631	Dec 1-Dec 15	Th	11:30am-12:30pm

### Let's Get Together!

There are lots of things we can do when we Get Together.
This program is planned based on your interests and feedback.
Anything from a checkers tournament, guest speaker or
discussion group, to movie and popcorn. Your help in planning
and leading is always welcomed, so Let's Get Together!

Age: 55 and better

No Cost

<b>CFLRC</b>	AT LYON PARK
#23623	Sep 6-Sep 27

#23623	Sep 6-Sep 27	Tu	10:30am-11:30am
#23624	Oct 11-Oct 25	Tu	10:30am-11:30am
#23649	Nov 1-Nov 29	Tu	10:30am-11:30am
#24796	Dec 1-Dec 22	Th	11am-11:40am
#23661	Dec 13-Dec 27	Tu	10:30am-11:30am
HOLTON CAREER AND RESOURCE CENTER			

### #23647 Sep 12-Sep 26 M 10-4

#23047	3ep 12-3ep 20	1V1	10.43aiii-11.43aiii
#23632	Oct 3-Oct 31	M	10:45am-11:45am
#23633	Nov 7-Nov 28	M	10:45am-11:45am
#23634	Dec 5-Dec 19	M	10:45am-11:45am

### WALLTOWN PARK RECREATION CENTER

#23642	Sep 6-Sep 27	Tu	12pm-1pm
#23643	Oct 11-Oct 25	Tu	12pm-1pm
#23644	Nov 1-Nov 29	Tu	12pm-1pm
#23660	Dec 13-Dec 27	Tu	12pm-1pm

### Let's Play Cards

A casual game of cards with friends can provide hours of entertainment. Whatever your game of choice may be, 'Let's Play Cards' provides a positive venue for participants to come together and enjoy themselves.

Age: 55 and better

No Cost

W.D. HILL RECREATION CENTER

#24884 Sep 3-Nov 26 Sa 11am-12pm

PLAY MORE DURHAM PARKS AND RECREATION



### MATURE ADULT PROGRAMS continued

### **Pinochle**

Want a great way to enjoy an afternoon with friends and showing your skills at this classic card game? Join us for a truly great time!

Age: 55 and better

No Cost

### WALLTOWN PARK RECREATION CENTER

#23629	Sep 2-Sep 30	F	4:30pm-9pm
#23625	Oct 7-Oct 28	F	4:30pm-9pm
#23626	Nov 4-Nov 18	F	4:30pm-9pm
#23659	Dec 2-Dec 30	F	4:30pm-9pm



### **Senior Holiday Party**

The Senior Holiday Party is one of Durham's largest celebrations for Mature Adults. The party-goers are diverse, but they all have one thing in common - the desire to be entertained and to enjoy the company of long-time friends over dinner in a festive atmosphere. Mature Adults from across the Triangle will be on hand to celebrate life, friendship and to gather information about the companies that support their community.

Age: 55 and better

CR \$15

NCR \$20

SHERATON IMPERIAL HOTEL AND CONVENTION CENTER

#22915 Dec 13 Tu 4:30pm-7:30pm

### **MATURE ADULT TRIPS**

Come join the fun as we travel across our great state - and beyond! We've visited the coast, State Fair, wineries, and headed south on the train. You will find an array opportunities that stimulate your mind and exercise your body. Stay active on trips with DPR! Accessible buses and vans are available. For more information call our Mature Adult staff at 919-354-2710.

### Maryland Live! Casino

We're off to Baltimore and Hanover, MD for an overnight trip to the casino, outlet mall shopping, and a visit to the National Aquarium.

Age: 55 and better PC \$419; NPC \$446 NORTHGATE MALL

#22393 Sep 21-Sep 22 W-Th 5:45am-9pm

### **NC State Fair Trip**

The entertainment, the rides, the food and the fun - it is fair time once again. Join us for Senior Day at the North Carolina State Fair. There will be refreshments, give-away's and all of the usual fair experiences! Fair admission is FREE for folks 65+.

Age: 55 and better

CR PC \$5; CR NPC \$6; NCR PC \$10; NCR NPC \$11

NORTHGATE MALL

#22382 Oct 18 Tu 8:30am-1:30pm

### Southern Supreme Fruitcake Factory

We'll tour the Southern Supreme Fruitcake Factory and taste delicious fruitcake and other holiday goodies! We've built in a lot of time for shopping and a leisurely lunch (not included in price) on the way home.

Age: 55 and better

CR PC \$5; CR NPC \$6; NCR PC \$10; NCR NPC \$11

NORTHGATE MALL

#22383 Nov 17 Th 9am-2pm

### **Black Nativity**

Langston Hughes' heart-felt musical is the most entertaining way to relive the birth of Jesus Christ through the beat of the drum, the feet of high-energy dancers, and the soul of passionate storytellers. Enjoy the Nativity in a new light through great contemporary gospel music.

Age: 55 and better

CR PC \$56.75; CR NPC \$63; NCR PC \$70.25; NCR NPC \$78

NORTHGATE MALL

#22391 Dec 6 Tu 11:30am-6:30pm





## **OUTDOOR RECREATION AND CITY LAKES**

#### **OUTDOOR RECREATION**

Durham Parks and Recreation Outdoor Recreation offers a wide variety of outdoor programming for individuals and families. From community campfires in neighborhood parks to weekend river excursions, camping events, and our Discovery High Ropes Course. We offer a broad range of outdoor experiences for people of all abilities and interests. Please note that Outdoor Recreation programs that charge a fee for participation do have a maximum number of participants that can be accommodated, so pre-registration is required.

#### **Botany Bar Crawl**

Join DPR and some of Durham's finest distilleries and breweries to learn how plants are used in the manufacture of adult beverages. We'll visit were the plants are sourced, learn how they're used and then learn the science behind the libations at the distilleries and breweries. Additional fee for facility tours and sampling may apply. Adults 21 years of age and older.

Age: 21 and up CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11

HONEYGIRL MEADERY

#23698 Oct 8 Sa 2pm-4pm

PONYSAURUS BREWING COMPANY #23699 Nov 20 Sun 2pm-4pm

#### **Muddy Boots**

Adventure in nature with your preschooler at West Point on the Eno. We'll read a nature-themed book, then take a walk on the wild side to find the nature right outside our door. Children must be accompanied by a parent, and of course, wear boots or sneakers that can get a little dirty!

Age: 2-5

CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50

SANDY CREEK PARK

#23598 Sep 27 Tu 10am-11am #23599 Oct 25 Tu 10am-11am #23602 Nov 5 Sa 10am-11am

## **Register early!**

If you wait until the last minute to register, the class you want to take may be full or it may be cancelled if enrollment is low. You could make the difference!

#### **Starlight Geo Paddle**

Join DPR Outdoor Recreation for one of our most popular programs, combining the fun of a nighttime GPS scavenger hunt with kayak paddling the glassy waters of gorgeous Lake Michie. We will provide the paddling and orientation equipment, you bring weather appropriate clothing and a flashlight.

Age: 7 and up

CR PC \$7; CR NPC \$8

NCR PC \$11.75; NCR NPC \$13

LITTLE RIVER PARK

#23600 Oct 15 S 7pm-9pm

#### **Sunset Paddle**

Savor an autumn sunset paddling kayaks or canoes on scenic Lake Michie with DPR outdoor Recreation. We will provide the equipment, you bring weather appropriate clothing. Children must be accompanied by an adult.

Age: 7 and up

CR PC \$7; CR NPC \$8

NCR PC \$11.75: NCR NPC \$13

LITTLE RIVER PARK

#23601 Sep 16 F 6:30pm-8:30pm

#### **Astronomy Series - Binocular Astronomy**

DPR Outdoor Recreation and NCCU invite you to search the heavens with us! We will provide the equipment, you bring the weather appropriate clothing. Come join as we learn how you can use binoculars to see amazing things in the night sky. We'll have binoculars on hand, as well as knowledgeable staff to create an enjoyable evening of exploring the night sky. Feel free to bring that old pair of binoculars you have laying around! Cloud out date - October 8. Children must be accompanied by an adult.

Age: All Ages

No Cost

C.M. HERNDON PARK

#23605 Oct 7 F 8pm-10pm

## Astronomy Series - Dark Skies: Deep Space Object Viewing

DPR Outdoor Recreation and NCCU invite you to search the heavens with us! We will provide the equipment, you bring weather-appropriate clothing. There is nothing better than a dark sky for looking at deep space objects such as star clusters, nebulae and galaxies. Join us to look at the objects that one can't see with the naked eye. Children must be accompanied by an adult. Cloud out date: October 1

Age: All Ages

No Cost

VALLEY SPRINGS PARK

#23604 Sep 30 F 8:30pm-10:30pm

#### **Bull City Campout**

Join us for this overnight camping event in Historic West Point on the Eno Park, whether you're a first-timer or an old hand, for traditional camping activities such as storytelling, s'mores, night hikes, river exploration and, of course, camping in tents. Some tents/sleeping bags available for use free of charge, on a first-come, first-served basis. Children must be accompanied by an adult.

Age: All Ages

CR PC \$6.50; CR NPC \$7.50

NCR PC \$11.25; NCR NPC \$12.50

WEST POINT ON THE ENO

#23596 Sep 24-Sep 25 Sa 3pm-7am

#### **Community Campfire**

There may be nothing better than sitting next to a warm crackling campfire. Durham Parks and Recreation- Outdoor Recreation invites you to come out for our community campfire. We provide the fire and everything you need to make s'mores. You get to share a campfire experience with others in your community.

Age: All Ages No Cost

SOLITE PARK

#23606 Sep 9 F 7pm-8pm

EDGEMONT PARK

#23658 Dec 2 F 7pm-8pm

#### Explore the Urban Wild: Bats at Hallow-Eno

Join DPR Outdoor Recreation for a free adventure in your park! Bring weather-appropriate clothing and lots of curiosity. Age: All Ages

No Cost

WEST POINT ON THE ENO

#23607 Oct 31 M 6pm-8pm

#### Hook, Line and Sinker

Join us and learn all about technique, fish identification and other handy angling information. We will have games and fishing related challenges with small prizes for kids. We are also happy to have experienced anglers on hand to help! We'll supply the equipment and you just need to bring weather-appropriate clothing. Pre-registration is required. Children must be accompanied by an adult.

Age: All Ages

CR PC \$2; CR NPC \$3 NCR PC \$7: NCR NPC \$8

LAKE MICHIE RECREATION AREA

#23692 Sep 10 Sa

Sa 8am-10am

PLAY MORE DURHAM PARKS AND RECREATION

## **OUTDOOR RECREATION AND CITY LAKES continued**

#### S'mores and a Movie

Join DPR for a cool fall evening in the park watching a family-appropriate movie on your blanket and noshing on s'mores by the campfire. This program is provided at no cost with no registration required. Open to all ages, but children under 12 must be accompanied by an adult.

Age: All Ages No Cost

C.M. HERNDON PARK #23603 Oct 28 F

7pm-10pm



#### **HIGH ROPES DISCOVERY DAYS**

Come explore Durham Parks and Recreation's Discovery Course! Navigate through a variety of obstacles, some reaching 55 feet in the air! Push yourself as far as you want on this amazing course and then exit by way of our giant swing or zip line. Pre-registration is required. Children 7-9 must be accompanied by a participating adult.

Age: 7 and up

CR PC \$7: CR NPC \$8

NCR PC \$11.75: NCR NPC \$13

#### **High Ropes Discovery Days**

oa Park		
Sep 17	Sa	11am-12:30pm
Sep 17	Sa	12:30pm-2pm
Sep 17	Sa	2pm-3:30pm
Nov 19	Sa	11am-12:30pm
Nov 19	Sa	12:30pm-2pm
Nov 19	Sa	2pm-3:30pm
Dec 3	Sa	11am-12:30pm
Dec 3	Sa	12:30pm-2pm
Dec 3	Sa	2pm-3:30pm
	Sep 17 Sep 17 Sep 17 Nov 19 Nov 19 Nov 19 Dec 3 Dec 3	Sep 17       Sa         Sep 17       Sa         Sep 17       Sa         Sep 17       Sa         Nov 19       Sa         Nov 19       Sa         Nov 19       Sa         Dec 3       Sa         Dec 3       Sa         Dec 3       Sa

#### CITY LAKES

Lake Michie and Little River Lake in northern Durham County offers recreational fishing and boating. Both lakes are open to the public Friday, Saturday, Sunday and Monday from 6:30am-6pm.

Lake Michie is open through September 10. Little River Lake is open through November 14.

The lakes will also be open on the following holidays: Memorial Day, Independence Day and Labor Day.

Canoes, kayaks, water bikes and john boats are available to rent. Personal boats and motors are not allowed on Little River Lake.

For more information during the season (Friday-Monday), call the Lake Michie boathouse at 919-477-3906 or the Little River Lake boathouse at 919-477-7889 during operational hours. For more information Tuesday through Thursday and/or during the off-season please contact Outdoor Recreation staff at 919-560-4405.

### **TEAM CHALLENGE AND LOW ROPES COURSE**

At the low challenge course, staff facilitators use a variety of natural and man-made elements, games, and initiatives to help groups and individuals develop trust, cooperation, teamwork and leadership skills. Facilitators utilize a 13-element low ropes course, portable elements, hiking trails and other open spaces to create intellectually and physically engaging outdoor experiences for groups. Each program is individually designed based on a consultation with the client. The minimum age for participation at the low challenge course is 10 years of age, and programs can be designed for persons of differing abilities.

#### **HIGH ROPES COURSE**

Durham Parks and Recreation's Discovery Course is a unique experience in personal challenge and high ropes course design. The Discovery Course is full of options, allowing participants to choose their degree of challenge throughout their journey, culminating in a peak experience in the Crow's Nest, which offers birds-eye views of the surrounding area. A final thrill awaits with the participant's choice of the giant swing or zip line as the exit of the course. The course is designed to motivate by building self-esteem, encouraging risk-taking, developing respect for individual differences and fostering trust through a common experience.

The Discovery Course is available to the public either through reservations as a group for a team building program, or on the bimonthly "Discovery Days." For more information and pricing, individuals and groups may call Durham Parks and Recreation Outdoor Recreation at 919-560-4405 ext. 27210 or visit our website at www.DPRPlayMore.org or www.getoutdoorsdurham.blogspot.com.



Discovery High Ropes Course at Bethesda Park

PLAY MORE DURHAM PARKS AND RECREATION 3



## **PERFORMING ARTS**

## FASHION AND MODELING Future Designers

This course is for imaginative young people who are interested in designing their own original fashions. Students will learn how to take fashion ideas and make them a reality. Participants will also create hair bows and other fashionable accessories. Creativity will be the driving force behind this exciting class! Age: 8-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

I.R. Holmes, Sr. Recreation Center

#24017 Sep 12-Oct 17 M 6:30pm-7:30pm #24016 Nov 7-Dec 12 M 6:30pm-7:30pm

#### Music

#### **Drumming Classes**

Learn rhythms using basic base, tone and slap hand techniques. Age: 5-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24451 Sep 9-Oct 14 F 6pm-7pm #24452 Oct 28-Dec 9 F 6pm-7pm

#### Introduction to Piano

Do you love creating your own sound? This is the perfect class where you can learn how to read music and create a sweet melody!

Age: 8-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50: NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24453 Sep 13-Oct 18 Tu 6:30pm-7:30pm #24454 Nov 1-Dec 6 Tu 6:30pm-7:30pm

#### **Jazz Listening Sessions**

Experience Jazz history through a series of informal "listening sessions" at the W.D. Hill Recreation Center, in collaboration with the NCCU Jazz Studies Department. During the sessions, a variety of recorded selections from different periods in Jazz history are played. Audience members are invited to offer their own observations and commentary. Come and add your voice to the growing Jazz discussion!

Age: 18 and up No Cost

W.D. HILL RECREATION CENTER

#24889 Sep 8-Dec 15 Th 7pm-8:30pm

#### DREAM

DREAM (Disciplined Roles in Entertainment Arts and Media) is a comprehensive performing arts program that uses a multidisciplinary instructional approach. Participants may take up to two disciplines per session. Disciplines include modeling, hip hop and modern dance, step, video production and music production. Participants will showcase acquired skills in a final performance.

#### **DREAM**

Age: 13-17

CR PC \$0; CR NPC \$18 NCR PC \$0; NCR NPC \$23

I.R. HOLMES, SR. RECREATION CENTER

#24873 Sep 9-Nov 18 F 6pm-8pm

#### **DREAM Showcase**

This showcase is the seasonal performance for all DREAM courses. Participants will be showcasing the skills they learned in the Modern dance, Hip-Hop dance, Step and Modeling disciplines.

Age: 13-17 No Cost

HOLTON CAREER AND RESOURCE CENTER #23700 Dec 9 F 7pm-9pm

#### Fashion/Society Modeling

This class teaches grace and poise. This entry-level program will focus on the basics of modeling techniques such as proper walking, turns, and poses.

Age: 13-17

CR PC \$0; CR NPC \$0

NCR PC \$0: NCR NPC \$18.50

HOLTON CAREER AND RESOURCE CENTER

#24067 Sep 6-Oct 11 Tu 6pm-7:30pm #24066 Oct 25-Nov 29 Tu 6pm-7:30pm



#### **DANCE CLASSES**

Learn step patterns and coordinated moves associated with a variety of dance types. Each course is different!

#### **Tiny Tots Ballet**

A fun introduction to ballet for preschoolers! This class helps children to develop motor skills, directional awareness and counting, and socialization skills. Preferred class attire consists of leotards, tights and ballet slippers.

Age: 3-4

CR PC \$6.50; CR NPC \$7.50

NCR PC \$11.25; NCR NPC \$12.50

**EDISON JOHNSON RECREATION CENTER** 

#24629 Sep 10-Oct 15 Sa 9:45am-10:30am #24630 Oct 29-Dec 3 Sa 9:45am-10:30am

Age: 3-4

CR PC \$5; CR NPC \$6

NCR PC \$10; NCR NPC \$11

I.R. HOLMES, SR. RECREATION CENTER

#24349 Sep 6-Oct 11 Tu 5:30pm-6:05pm #24353 Oct 25-Nov 29 Tu 5:30pm-6:05pm

Age: 3-6

CR PC \$0; CR NPC \$0

NCR PC \$11.25; NCR NPC \$12.50

HOLTON CAREER AND RESOURCE CENTER

#24001 Sep 3-Oct 8 Sa 10am-10:45am #24012 Oct 22-Nov 26 Sa 10am-10:45am

#### **Tappin Tots**

This class will explore rhythmic structures through footwork. Tap requires tap shoes - tap shoes have metal planks on the sole to make sound.

Age: 3-5

CR PC \$8; CR NPC \$9

NCR PC \$12.50: NCR NPC \$14

I.R. Holmes, Sr. Recreation Center

#24361 Sep 6-Oct 11 Tu 10:15am-10:45am

Age: 3-5

CR PC \$3.50; CR NPC \$4.50 NCR PC \$8.50; NCR NPC \$9.50

I.R. HOLMES, SR. RECREATION CENTER

#24362 Oct 25-Nov 29 Tu 10:15am-10:45am

## Did you know you can register online?

then select Request New Account in the upper right hand corner.



## PERFORMING ARTS continued

#### **Kinder Ballet**

Children learn grace and poise in ballet! This class introduces children to the ballet barre, proper dance terms, and correct body positioning. Preferred class attire consists of leotards, tights and ballet slippers.

Age: 5-6

CR PC \$6.50; CR NPC \$7.50

NCR PC \$11.25: NCR NPC \$12.50

I.R. HOLMES, SR. RECREATION CENTER

#24348 Sep 6-Oct 11 Tu 6:20pm-7:05pm #24354 Oct 25-Nov 29 Tu 6:20pm-7:05pm

#### **Step by Step Ballet**

Our ballet class program is designed to take students from their very first step through a comprehensive curriculum of classical ballet studies. It also encourages physical discipline and general body awareness and control.

Age: 5-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24440 Sep 17-Oct 22 Sa 12:30pm-1:30pm #24441 Nov 5-Dec 17 Sa 12:30pm-1:30pm

#### **Youth Dance**

Continue your child's experience in ballet and lyrical jazz styles of dance. In this class your child will gain dance technique in ballet, lyrical jazz and tap. Preferred class attire consists of leotard, tights and ballet slippers.

Age: 5-12

CR PC \$9; CR NPC \$10

NCR PC \$13.50; NCR NPC \$15

Edison Johnson Recreation Center

#24631 Sep 10-Oct 15 Sa 10:45am-11:30am #24632 Oct 29-Dec 3 Sa 10:45am-11:30am

#### Youth Hip Hop Dance

This introductory-level hip hop class provides a structured method of learning hip hop, modern and STEP dance movements in a fun-filled and vibrant class environment. The class utilizes upbeat music from various genres, in addition to the latest hip hop hits. If you really want to learn how to do the latest dances moves, this class is definitely for you.

Age: 6-12

CR PC \$0; CR NPC \$0

NCR PC \$12.50: NCR NPC \$14

Holton Career and Resource Center

#23996 Sep 12-Oct 17 M 6pm-7pm #23997 Oct 31-Dec 5 M 6pm-7pm

#### **Youth Tap Dance for Beginners**

This class will explore rhythmic structures through footwork. Tap requires tap shoes - tap shoes have metal planks on the sole to make sound.

Age: 7-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

I.R. HOLMES, SR. RECREATION CENTER

#24350 Sep 8-Oct 13 Th 5:30pm-6:30pm #24357 Oct 27-Dec 8 Th 5:30pm-6:30pm

#### Hip Hop

Want to learn some exciting dance moves? This physically motivated class focuses on hip hop technique, choreography, and movement to popular hit songs. Make sure you wear comfortable clothes and shoes.

Age: 8-12

CR PC \$8: CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

W.D. HILL RECREATION CENTER

#23675 Sep 7-Oct 12 W 6:15pm-7:15pm #23674 Oct 19-Nov 30 W 6:15pm-7:15pm

#### **Modern Dance for Youth**

Modern Dance for Youth is a beginner class for students ages 8 to 12 years of age with little or no previous dance experience. The class introduces students to the basic body placement, coordination, flexibility and strength. Children will also learn how to warm up, dance across the floor, focusing and following direction. Lyrical interpretive dance will also be featured. Age: 8-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

W.D. HILL RECREATION CENTER

#23678 Sep 6-Oct 11 Tu 6:15pm-7:15pm #23676 Oct 18-Nov 22 Tu 6:15pm-7:15pm

#### **Youth African Dance**

Coordination, poly-rhythmic movements and basic positions are emphasized. Builds on basic dance patterns and incorporates them into sequences. An understanding of the partnership between dancer and drummer is formed. African dance consists of arm and feet movements that tell a story. Children learn self-confidence, multiculturalism, cooperation, improvisation, creativity and musicality.

Age: 8-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

W.D. HILL RECREATION CENTER

#23671 Sep 3-Oct 8 Sa 10am-11am #23672 Oct 15-Nov 19 Sa 10am-11am

#### Latin Dance

You hear the music and you cannot help it, it makes you move. It lures you to the dance floor, but what to do? This class is ideal for participants looking to learn and venture into the fun world of Latin Dancing. Participants will learn to dance Salsa, Merengue, Cumbia, and Bachata. No prior dance experience nor a dance partner is required.

Age: 13 and up

CR PC \$0; CR NPC \$0

NCR PC \$12.50; NCR NPC \$14

HOLTON CAREER AND RESOURCE CENTER

#23998 Sep 7-Oct 12 W 7pm-8pm #23993 Oct 26-Nov 30 W 7pm-8pm

#### **Hip Hop Dance**

This dance class infuses the techniques of contemporary dance with the upbeat style of hip hop.

Age: 13-17

CR PC \$0; CR NPC \$0

NCR PC \$0; NCR NPC \$18.50

HOLTON CAREER AND RESOURCE CENTER

#24065 Sep 2-Oct 7 F 6pm-7:30pm #24064 Oct 21-Dec 2 F 6pm-7:30pm

Age: 13-17

CR PC \$0; CR NPC \$9

NCR PC \$0; NCR NPC \$14

W.D. HILL RECREATION CENTER

#23697 Sep 12-Oct 17 M 6:15pm-7:15pm #23696 Oct 24-Nov 28 M 6:15pm-7:15pm

#### Line Dance

Line dance refers to a range of choreographed routines danced in a group without partners. It's a great workout for the body and mind; participants will learn a limited number of basic level dances. No prior experience is required.

Age: 18 and up

CR PC \$0; CR NPC \$0 NCR PC \$26; NCR NPC \$29

HOLTON CAREER AND RESOURCE CENTER

#23994 Sep 1-Oct 6 Th 7pm-8pm #23995 Oct 13-Nov 17 Th 7pm-8pm





## RECREATION CENTER EVENTS

### YOUTH AND FAMILY FUN **Builders Academy**

In this class, young minds will be encouraged to use problem solving and creativity to accomplish tasks given each week. Projects will be S.T.E.M. based, and participants will be able to take their new creations home to show off their skills to family and friends.

Age: 5-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#24588 Sep 14-Oct 19 6:30pm-7:30pm W #24587 Nov 2-Dec 14 6:30pm-7:30pm

## Parents' Night Out

This program allows parents to enjoy a night out on the town while the kids enjoy the evening at the Edison Johnson Recreation Center. Your children will have a blast in a safe, caring, and fun environment. Age-appropriate activities will include arts and crafts, sports, games, and movies. A snack will be provided. It's a fun night out for everyone!

Age: 5-12

CR PC \$2.75; CR NPC \$3 NCR PC \$7.25; NCR NPC \$8

Edison Johnson Recreation Center

Nov 18 F 6:15pm-9pm #24613 Dec 9 6:15pm-9pm

#### Dive in Movie

It's movie night at the pool! Join us for a special evening of Recreational Swim (daily admission fees apply) and enjoy a FREE movie! Bring the whole family and relax in our indoor heated pool, as you watch a kid-friendly movie projected on the big screen. Inflatables\* may be brought from home for this special event. An adult must enter the water with children under the age of 10 years old. Life jackets will be provided as needed. Dive into a unique movie experience! \*Individual sized rafts only. No oversized rafts will be allowed. Noodles available.

Age: All Ages

Youth, Teen, Senior

CR PC \$2.70; CR NPC \$3; NCR PC \$7.20; NCR NPC \$8

CR PC \$3.60; CR NPC \$4; NCR PC \$8.10; NCR NPC \$9

Edison Johnson Aquatic Center

#24759 Oct 28 F 8pm-10pm

#### Pumpkin Splash

Select your favorite pumpkin from one of many FLOATING in the pool, dry it off on the pool deck and use paints, stickers, and all kinds of fun craft supplies to decorate it. All swim levels are welcome and life vests will be provided. An adult will need to enter the water with children 9 years of age and younger.

Age: All Ages

CR PC \$5; CR NPC \$6

NCR PC \$10; NCR NPC \$11

I.R. Holmes, Sr. Recreation Center #24757 Oct 22 Sa 5:30pm-7:30pm

#### Turkey Splash

Come enjoy a pool side event for a gobble gobble good time! This family friendly event will get you in the water for a fun time in the pool. You will be able to immerse yourself in games and crafts activities for all to make and take home turkey day

Age: All Ages

CR PC \$5; CR NPC \$6

NCR PC \$10; NCR NPC \$11

I.R. Holmes, Sr. Recreation Center #24758 Nov 12 5:30pm-7pm

#### Swim with Santa

Get in the swim with Santa Claus! At this fun family event, children will get to play in the shallow water with Santa, and make holiday-themed arts and crafts projects on the pool deck. Lifejackets will be provided as needed. An adult must enter the water with children 9 years of age and younger.

Age: All Ages

CR PC \$5; CR NPC \$6

NCR PC \$10; NCR NPC \$11

**EDISON JOHNSON AQUATIC CENTER** #24760 Dec 10 Sa 5:30pm-7pm

#### **Teen Pool Party**

Teens! Come to celebrate the end of the year and kick off the new year right at Campus Hills Teen Pool Party! There will be games, music, food, and give-a-ways! Grab your friends to cool off at the pool and turn up to the sound of beat. Participates must wear appropriate pool attire. Participants 18 years old will be asked to present a valid high school ID in order to participate. See you there!

Age: 13-17

CR PC \$2.70; CR NPC \$3

NCR PC \$7.20; NCR NPC \$8

I.R. HOLMES, SR. RECREATION CENTER #24783 Dec 30 F 7:30pm-10pm

#### Family Fun Day

Bring the entire family to our Family Fun Day at Edison Johnson Recreation Center. It's an afternoon of fun you don't want to miss. Families will experience an organized recreational experience in a safe and exciting setting. Enjoy playing games, eating food, and listening to music along with other activities in a beautiful park setting.

Age: All Ages

No Cost

**EDISON JOHNSON RECREATION CENTER** #24621 Sep 17 Sa 4pm-6pm

#### Fright Night

Calling all of Durham's ghost and ghouls - our Fall Festival will have classic carnival games for all ages to enjoy; we'll host a costume contest for kids and adults with prizes for the best dressed. And for those who love a fright, our haunted house will have you howling with screams and laughter! Admission for this event will be a canned food donation (1-4 cans) from each family - with all proceeds going to the Durham Rescue Mission. Light refreshments will be provided. Come out in your favorite spooky attire to have great fun for a great cause!

Age: All Ages

No Cost

FOREST HILLS PARK

#23785 Oct 15 Sa 6pm-9pm

#### Fall Festival - Lyon Park

Special Event including program demos, food, entertainment, information booths and much more for the entire family.

Age: All Ages No Cost

LYON PARK

#24745 Oct 8 2pm-5pm

#### Fall Festival - W.D. Hill

Bring the kids to a safe night of games, music, treats, and some 'scary' surprises! A costume contest will be held for the children.

Age: All Ages

No Cost

W.D. HILL RECREATION CENTER #24882 Oct 22 Sa 6pm-9pm

#### A Hol-ton of Fun

Join the Holton staff for a fun filled family event as we kick-off our new Fall programs!

Age: All Ages No Cost

HOLTON CAREER AND RESOURCE CENTER #24318 Oct 27 Th 6pm-8pm



## RECREATION CENTER EVENTS continued

#### A Frosty Family Affair

It's the most wonderful time of the year! The holiday season brings many reasons to celebrate, so bring the whole family and spread love and cheer at Holton Career and Resource Center! We will provide refreshments and tons of fun activities. This event is for the whole family.

Age: All Ages No Cost

HOLTON CAREER AND RESOURCE CENTER #24319 Dec 15 Th 6pm-8:30pm

#### **Walltown Open House**

This open house event serves to inform you about all of the programs we are currently offering. We welcome your ideas about programs/events you would like to see at our center! Light refreshments will be served.

Age: All Ages No Cost

Walltown Park Recreation Center #23847 Dec 10 Sa 12pm-2pm

#### Pickleball Tournament

Join the fun of Walltown's bi-annual pickleball tournament! A point system will be utilized to ensure that everyone has a fair shot and can play with different partners. T-shirts and light refreshments will be provided to all participants. Enjoy a day of friendly competition in our beautiful gymnasium.

Age: 18 and up

CR PC \$9; CR NPC \$10

NCR PC \$13.50; NCR NPC \$15

WALLTOWN PARK RECREATION CENTER #23849 Dec 3 Sa 2:15pm-6pm



## **SPECIAL EVENTS**

#### DisABLE the Label

Celebrate Disability Awareness Month with us. Enjoy free food, performances, adapted sport demonstrations, exhibits from local agencies and resources, giveaways, children's games/activities, and much more. There is something for everyone and ALL are welcome and encouraged to come! Age: All Ages

No Cost

HOLTON ATHLETIC FIELD

Oct 1 Sa 11am-2pm

## C FIELD WEST F

### SPECIAL EVENTS

Durham Parks and Recreation hosts a wide range of special events for the Triangle area. Participants can enjoy a wide variety of special events that allow families to experience safe, exciting, and organized recreational activities in a beautiful park setting, recreation center, or other locations throughout Durham. Every event is created to provide fun for everyone at a minimal or no cost. Many special events provide the opportunity to be a volunteer or a vendor. For volunteer and vendor opportunities, please visit our website at DPRPlayMore.org or call 919-560-4355.

#### **Latino Festival**

Durham Parks and Recreation's Latino Festival celebrates our Latino community and educates others about their wonderful and rich culture. The event also provides important information and resources to our Latino community. Join us for great food, music and dancing, a soccer tournament, and fun for the whole family!

Age: All Ages No Cost

ROCK QUARRY PARK Sep 24 Sa

12pm-5pm

## Barktoberfest

Barktoberfest is a celebration of all things canine. This year, participants will have a lot to bark about, as they enjoy demonstrations, the 2016 Hyperflite Skyhoundz NC Canine Disc Dog State Championship, a Treiball Competition, Pet Market, games, an opportunity to learn about local adoption and foster organizations, and more!

Age: All Ages

No Cost

ROCK QUARRY PARK

Oct 16 Sun 12pm-4pm

#### S'mores and a Movie

Join DPR Outdoor Recreation and Walltown Park Recreation Center for a cool fall evening in the park watching a family-appropriate movie on your blanket and noshing on s'mores by the campfire. This program is provided at no cost with no registration required. Open to all ages, but children under 12 must be accompanied by an adult.

Age: All Ages

No Cost

C.M. HERNDON PARK

Oct 28 F 7pm-10pm

## Hallow-Eno

Join us for our annual Halloween event that is fun for the whole family! Designed particularly for children ages 12 and younger, this special event features campfire stories and songs, hayrides, treats, crafts, games, and face painting. No need to register - just come out, rain or shine!

Age: All Ages No Cost

WEST POINT ON THE ENO

Oct 31 M 6pm-9pm

#### Remembrance Day

Come join local veterans and friends to remember and honor the men and women who fought for our country. The event will be held at the Vietnam Veteran's Memorial Site at Edison Johnson. Share memories, and enjoy music and refreshments.

Age: All Ages

No Cost

EDISON JOHNSON RECREATION CENTER Nov 12 Sa 11am-2pm

#### **Holiday Fun Fest**

Join us as we celebrate the holidays in downtown Durham! This event will feature snow sledding, pony rides, inflatable bounce houses, arts and crafts activities, visits with Santa, train rides, live music and entertainment, and more!

Age: All Ages

No Cost

ROCK QUARRY PARK

Dec 3 Sa

12pm-4pm



## **SPECIAL EVENTS** continued

## Santa Paws

Join us for an evening of holiday fun with your canine friends! This canine event will feature pictures with Santa, games and activities, holiday pet market, and an animal food and toy drive

Age: All Ages No Cost ARMORY

Dec 9 F 6pm-8pm

#### **Holiday Parade**

Join us for the return of the Holiday Parade! Watch dynamic floats and cheer on hometown bands, drill teams, schools, community groups and more as they make their way through downtown Durham!

Age: All Ages No Cost

DOWNTOWN DURHAM Dec 10 Sa

Dec 10 Sa 10am

#### **Christmas Open House**

Join us for our annual winter tradition! Enjoy refreshments, historic holiday decorations, festive music, and holiday crafts from yesteryear. No need to register - just come on out, rain or shine!

Age: All Ages No Cost

WEST POINT ON THE ENO

Dec 11 Sun 1pm-5pm

#### **Kwanzaa Celebration**

Kwanzaa is a celebration of family, community, and culture centered on seven basic principles as building blocks for peace and progress within neighborhoods. Holton/DPR will honor members in our community that represent such values. The celebration will be held on the fifth day of Kwanzaa and will focus on the principle of Nia (Purpose).

Age: All Ages No Cost

HOLTON CAREER AND RESOURCE CENTER
Dec 30 F 6pm-8pm





## **STAY CONNECTED**

## All the electronic ways for you to stay up to date and informed about Durham Parks and Recreation Programs and Events,

## SOCIAL MEDIA / BLOGS

Cancellations, Closures, Alerts and News.



facebook.com/DurhamParksandRecreation



twitter.com/dprplaymore



instagram.com/dprplaymore

## Athletics Blog dprathletics.blogspot.com

**Outdoor Recreation Blog** 

getoutdoorsdurham.blogspot.com

Cultural Heritage Blog culturalheritageindurham.blogspot.com

#### **EMAIL AND/OR TEXT NOTIFICATIONS**

To receive emails and/or texts about all general DPR information and alerts:

- Visit DPRPlayMore.org and click on the Site Tools drop down menu in the upper right corner.
- 2. Click on Notification.
- 3. Enter your email address and click Sign In.
- 4. Check off the box to receive HTML emails and or texts
- 5. If you select to receive text messages enter your mobile phone number and select Save.
- Click the email icon and/or SMS icon next to the lists to which you wish to subscribe/unsubscribe.
- You will be sent an email with instructions to confirm your account.
- 8. If you request text notifications, you will receive a text confirmation asking you to respond with a Y.

In order to receive all alerts and news you will need to click on the icons in both Alert Section and News sections of the notifications sign up page.

#### **E-NEWSLETTER**

To sign up to receive emails about specific DPR information:

Visit our Facebook page click on Join Email List.

Select from the following options:

- Athletic Leagues
- City-wide Special Events
- Downtown Events
- Play More Program Guide (3 times per year),
- Recreation Programs & Events
- Special Programs/Inclusion Programs & Events
- Teen Programs

## WEATHER AND ATHLETIC FIELD CANCELLATION PHONE LINE

Please call 919-560-4636 for updated information on any athletic field and league cancellations or to hear a list of facility closures during severe weather.

A decision to close athletic fields or cancel games and practices will be made at 4:30 p.m. during the week and 7:30 a.m. on weekends.



## **SPECIAL PROGRAMS**

Durham Parks and Recreation seeks to offer diverse recreational programs for persons with disabilities by providing programs such as Special Olympics and by making accommodations within all other DPR programs and services. DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.

#### **BUDDY SPORTS**

This basic sport skills program offers opportunities for children with and without disabilities to learn and play together. Social skills, teamwork, coordination, and balance are promoted while sport skills are taught.

CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14

#### **Buddy Soccer**

Age: 3-5

TWIN LAKES PARK

#24340 Sep 10-Oct 29 Sa 10am-11am

Age: 6-8

TWIN LAKES PARK

#24342 Sep 10-Oct 29 Sa 10am-11am

Age: 9-15

TWIN LAKES PARK

#24343 Sep 10-Oct 29 Sa 10am-11am

#### **Challenger Flag Football**

Challenger athletic programs offer opportunities for athletes with diverse disabilities to gain important skills while participating in sports. The program focuses on improving social skills, teamwork, and athletic skills through practices and games. These programs are supported by a grant from Carolina Panthers charities.

Age: 13-35

No Cost

OLD CHAPEL HILL ROAD

#24345 Sep 7-Nov 4 W,F 6pm-8pm

#### **Braille Class**

This class will teach individuals how to read and write basic to intermediate Braille, and provide an opportunity to make new friends. The class is designed for individuals who have visual impairments, but is open to anyone interested in learning Braille.

Age: 18 and up

No Cost

W.D. HILL RECREATION CENTER#24881 Sep 12-Dec 12 M 6pm-9pm

**Sharing Group** 

The Sharing Group provides opportunities for persons who are blind or have limited vision to socialize, receive support from others and learn ways to adapt and adjust daily tasks. Those just beginning to experience vision loss are encouraged to attend.

Age: 18 and up

No Cost

W.D. HILL RECREATION CENTER

#24908 Sep 8-Dec 15 Th 6pm-8pm



Special Olympics programs are offered through Durham Parks and Recreation in conjunction with Durham County Special Olympics.

> For more information Contact Kristen Randall at 919-560-4292, ext. 27309 or Kristen.Randall@durhamnc.gov

## Did you know you can register online?

Visit DPRPlayMore.org and click on Register Online, then select Request New Account in the upper right hand corner.





## **HERITAGE PARKS**



Interior of Slave Cabin at Leigh Farm Park

West Point on the Eno Park and Leigh Farm Park make up the City of Durham's Heritage parks. These significant natural and historic parks provide opportunities for picnicking, fishing, hiking, outdoor nature study, and cultural history programming.

#### **LEIGH FARM PARK**

This 82.8-acre property located at 370 Leigh Farm Road is anchored by a seven-acre historic core listed in the National Register of Historic Places in 1975. The park includes the Leigh House (circa 1835), an early 19th century dairy, a mid-19th century slave cabin with notable stick-built chimney, smokehouse, corn crib and a late 19th century well house and carriage house. The property also features a second mid-19th century slave cabin with a 1930 Rustic Revival log addition, an early 20th century tobacco barn and pack house, several mid-20th century residences, and wooded acreage that was historically open agricultural land. Call 919-471-1623 to find out more about events and programming.

#### WEST POINT ON THE ENO

This 388-acre natural and historic park is located along a two-mile stretch of the scenic Eno River, six miles north of downtown Durham. Take a step back in time to Durham's early beginnings by touring the working Grist Mill, the 1850's McCown-Mangum House, and the Hugh Mangum Museum of Photography. The historic buildings at West Point are open in 2015 every Saturday and Sunday from 1 p.m.-5 p.m., April 4 through December 13. Admission is free. Weekday tours of the buildings can be arranged in advance by calling 919-471-1623.

You can also enjoy a leisurely picnic and stroll around the grounds or take a hike through the woods on one of the park trails. Feel free to bring your canoe or raft and experience the beauty of the Eno River. The park gates are open daily, year-round, from 8 a.m. to dark. Call 919-471-1623 for further information.

#### AMPHITHEATER AT WEST POINT

This secluded area nestled in the woods is the perfect setting for company picnics, festivals, concerts, performances, and other large group gatherings. The facility can accommodate up to 4,000 people and includes a large open field, lawn seating, stage, electricity, water, and ample parking. Call 919-471-1623 to arrange a visit, or for rental and reservation information.



# **Durham Parks and Recreation Recreation Advisory Commission (RAC)**

The RAC meets on the second Wednesday of each month at 7:30 a.m. at the Durham Parks and Recreation administration office. The mission of the Recreation Advisory Commission is to advocate for Durham Parks and Recreation and the Durham Community. For more information regarding the RAC, contact Lynda Merritt at 919-560-4355, ext. 27233.

Back Row (Left to Right): David Green; Marge Clemons; Jason Parker; Kevin Lloyd; Steve Schewel, Council Representative

Front Row (Left to Right): Gene Carleton, Chair; Ronnie Ferrell, Vice Chair; Pandora Simpson, Loren S. Darden

Not Pictured: Rebecca Reyes

Selected by the North Carolina Recreation and Parks Association as recipients of the "Distinguished Recreation Board Award"

#### **CITY LAKES**

Lake Michie and Little River Lake in northern Durham County offer recreational fishing and boating. Both lakes are open to the public Friday, Saturday, Sunday and Monday from 6:30am-6pm.

Lake Michie is open through September 10. Little River Lake is open through November 14.

The lakes will also be open on the following holidays: Memorial Day, Independence Day and Labor Day.

Canoes, kayaks, water bikes, and john boats are available to rent. Personal boats and motors are not allowed on Little River Lake.

For more information during the season (Friday-Monday), call the Lake Michie boathouse at 919-477-3906 or the Little River Lake boathouse at 919-477-7889 during operational hours. For more information Tuesday through Thursday and/or during the off-season please contact Outdoor Recreation staff at 919-560-4405.

## **FACILITY AND PARK RENTALS**

The 2016 calendar is currently open for park and shelter rentals. The 2017 calendar opens on January 2, 2017. Permits for picnic shelters, parks, campsites and plazas must be purchased by Tuesday at 5 p.m. for the remainder of the work week and weekend. Please note: All operational hours and rental fees are subject to change. For more information on Durham picnic shelters, plazas and campsites, please visit www.DPRPlayMore.org, contact the reservations office at 919-560-4355, ext. 27202, or email reservations@durhamnc.gov.

#### **PICNIC SHELTERS**

Picnic Shelter Season: April 1-October 31

Book your shelter online! www.DPRPlayMore.org Durham's parks and facilities serve as great sites for your next event, family

event, family gathering or concert. Many Durham parks offer picnic shelters on a "first come, first served" basis. By making reservations, you are assured of having the picnic shelter of your choice. Permits must be purchased by Tuesday at 5 p.m. for the remainder of the work week



and weekend. Please see page 6 of Play More for a list of DPR parks. Those with picnic shelters available to rent are marked with an asterisk.

#### **TENNIS COURTS**

Tennis courts can be rented for group play during certain times of the day. To reserve a tennis court, call 919-560-4355.

#### ATHLETIC FIELDS

To reserve an athletic field, call 919-560-4355.

#### RECREATION CENTERS

Planning a party and need a space for it? Gymnasiums, meeting rooms and kitchen space in our recreation centers are available to the public to rent. Keep us in mind when planning holiday parties, meetings, anniversaries, dances, church functions, reunions and wedding receptions. To reserve one of the following recreation centers, contact the center directly.

Edison Johnson Recreation Center: 919-560-4270
Holton Career and Resource Center: 919-364-2750
I.R. Holmes, Sr. Recreation Center at Campus Hills: 919-560-4444
Walltown Park Recreation Center: 919-560-4296
Weaver Street Recreation Center: 919-560-4294
W.D. Hill Recreation Center: 919-560-4292

#### **PARK RENTALS**

Durham's parks are great places to host your fun days, company picnics, family reunions and more. A park permit is required. Contact the reservations office at 919-560-4355 ext. 27202 or email reservations@durhamnc.gov.



#### **CAMPSITE INFORMATION**

Parks and Recreation offers a variety of opportunities for outdoor recreation, including a year-round primitive camping area. Campsites are operated by Durham Parks and Recreation and may be reserved by calling 919-560-4355, ext. 27202 to obtain a permit. Permits must be purchased by Tuesday at 5 p.m. for the remainder of the work week and weekend. All reservations are a made on a "first come, first served" basis.

Lake Michie Recreation Area: Overlooking Lake Michie, this recreation area offers camping, boating (paved boat launch), fishing and trail hiking. The area has seven primitive campsites open year-round. Each site has a tent pad, grill and picnic table. No electrical hookups are available and campers should bring water and other necessities. Vehicular access to the campgrounds is limited. DIRECTIONS: Take Roxboro Road North (Rte 501); go approximately 12 miles; turn right onto Bahama Road; after 2.5 miles, take a left at the "Spruce Pine Lodge" sign.

\*Prior to use of the camping facility, a permit must be obtained from Durham Parks and Recreation\*

#### **OUTDOOR PLAZA**

Durham Parks and Recreation invites the community to enjoy the outdoor CCB Plaza nestled in the heart of downtown Durham. The outdoor plaza offers the perfect environment for meetings, receptions, banquets, parties, trade shows, concerts, expos and more! This plaza is centrally located to provide easy access to the surrounding communities to enjoy after work socials or weekend events. Please consider DPR for your next outdoor event.

CCB Plaza - is located at the corner of Corcoran and Parrish Streets in downtown Durham - home of MAJOR, the big bronze bull.

For reservations and rental prices, please call 919-560-4355, ext. 27202

## **SPECIAL USE FACILITY RENTALS**

The 2016 calendar is currently open for the Armory at Downtown, Spruce Pine Lodge, Forest Hills Neighborhood Clubhouse, and McCown-Mangum House. Reservations are accepted on a "first come, first served" basis. For more information on the Durham Armory, Spruce Pine Lodge, Forest Hills Neighborhood Clubhouse and the McCown-Mangum House, please contact the reservation office at 919-560-4355, ext. 27202 or email reservations@durhamnc.gov. Please note: All operational hours and rental fees are subject to change. For fees and other information, please visit www.DPRPlayMore.org.

## **DURHAM ARMORY**

#### 212 Foster St., Durham, NC ● · · · ·

The Armory at Downtown, on the corner of Foster and Morgan streets, is available for rentals for your community or private event, whether it is a fundraiser, concert, wedding reception, seminar or family reunion. With a capacity of 585 in the auditorium/ballroom and an additional 314 in the balcony, the Durham Armory offers a large indoor space with lots of flexibility. The amenities include a large kitchen, heating and air conditioning, coatroom, snack bar, tables, chairs, A/V equipment, and ample parking surrounding the facility. Call the reservation office at 919-560-4355, ext. 27202 for availability and rental rates.

#### Rental times:

Sunday through Saturday 6 a.m. to 2 a.m. (minimum 6 hour rental)

2017 reservations for the Durham Armory are now being accepted.

## 

This historic building located in the heart of Forest Hills Park offers a large meeting room with audio/visual equipment, a spacious kitchen, restrooms, heat, air conditioning, and a large lawn. The Clubhouse, with a capacity of 80 people, is perfect for business meetings, team building retreats, parties, anniversaries, church functions, and family reunions. Call the reservation office at 919-560-4355, ext. 27202 for availability and rental rates.

#### **Rental times:**

Sunday-Saturday 6 a.m. to 12 a.m. (minimum 3 hour rental)

2017 reservations for the Forest Hills Neighborhood Clubhouse begin on August 9, 2016 at 8:30 a.m.









#### • SPRUCE PINE LODGE

#### 2235 Bahama Rd., Bahama, NC

The lodge is a 1940s vintage log building located in the Lake Michie Recreation Area. The lodge has 2,500 square feet of floor space which is divided into four meeting rooms, all served by a kitchen facility and a sound system. Dependent on the type of activity, the building capacity is 120 persons. Log walls and massive stone fireplaces lend a unique quality to all types of functions. Hiking trails, a large lawn and play field, and a picnic shelter are also available for use, as well as Lake Michie's camping, boating and fishing facilities nearby. The lodge is located 14 miles north of downtown Durham. The building, associated lawns, and picnic shelter are available to rent for weddings, large picnics, meetings, retreats, parties or other group activities. Call the reservation office at 919-560-4355, ext. 27202 for availability and rental rates.

#### **Rental times:**

Sunday through Saturday 6 a.m. to 12 a.m. (minimum 6 hour rental)

2017 reservations for the Spruce Pine Lodge begin on August 9, 2016 at  $8:30~\mathrm{a.m.}$ 

### MCCOWN-MANGUM HOUSE 5101 N. Roxboro Rd., Durham, NC

This restored 1850's farmhouse is perfect for small gatherings such as weddings, receptions and meetings. The patio seats 40 and the house capacity is 60 (twenty per room maximum). Special features include rooms sheathed in original heart pine boards, a brick patio, a spacious kitchen, restrooms, heat, air conditioning, porches and gardens. Call the reservation office at 919-560-4355, ext. 27202 for availability and rental rates.

#### Rental times:

Sunday through Saturday 8 a.m. to 10 p.m.

2017 reservations for the McCown-Mangum House begin on August 9, 2016 at 8:30 a.m.

## **DURHAM PARKS AND RECREATION**

Play More: Connecting our whole community to wellness, the outdoors and lifelong learning.



### **UPCOMING SPECIAL EVENTS**

All events listed are free | See page 42-43 for details

September 24: Latino Festival

12-5 p.m.

Rock Quarry Park, 701 Stadium Dr.

October 1: DisABLE the Label

11 a.m.-2 p.m.

Holton Athletic Field, 401 N. Driver St.

October 16: Barktoberfest

12-4 p.m.

Rock Quarry Park, 701 Stadium Dr.

October 28: S'mores and a Movie

7-10 p.m.

C.M. Herndon Park, 511 Scott King Rd.

October 31: Hallow-Eno

6-9 p.m.

West Point on the Eno Park, 5101 N. Roxboro Rd.

**November 12: Remembrance Day** 

11 a.m.-12 p.m.

Edison Johnson Recreation Center, 500 W. Murray Ave.

**December 3: Holiday Fun Fest** 

12-4 p.m.

Rock Quarry Park, 701 Stadium Dr.

**December 9: Santa Paws** 

6 p.m.

Durham Armory, 212 Foster St.

**December 10: Holiday Parade** 

10 a.m.

Downtown Durham

**December 11: Christmas Open House** 

1-5 p.m.

West Point on the Eno Park, 5101 N. Roxboro Rd.

**December 30: Kwanzaa Celebration** 

6-8 p.m.

Holton Career and Resource Center, 401 N. Driver St.





